

FOI DA5725 – Appendix 1 – ELFT East London services

Dear Information Officer,

Please release the following information relating to treatment and outcomes for adult patients with eating disorders:

1. All available treatment pathways for patients with eating disorders in the Trust's various specialist services (e.g. inpatient / day patient / community)?

Please select all treatments and settings that apply:

- a. Early intervention pathway (such as FREED)
- b. Recovery focused pathway (not early intervention)
- c. Medical management or stabilisation pathway (such as MEED)
- d. Pathway for long-standing eating disorders (such as SEED)
- e. End of life pathway (such as palliative care)
- f. Any other type of treatment pathway not otherwise included
- g. No named pathway (e.g. monitoring rather than active treatment)

Suggested table to provide answers split by available pathways and available settings.

	Inpatient service	Day Patient service	Outreach service	Community service	Other service (please specify)
a. Early intervention pathway (such as FREED)		x	x	✓	x
b. Recovery focused pathway (not early intervention)	Provided by BEH*	Provided by BEH*	x	✓	x
c. Medical management or stabilisation pathway (such as MEED)	x	x	x	x	x
d. Pathway for long-standing eating disorders (such as SEED)	Provided by BEH*	Provided by BEH*	x	Provided by BEH*	x
e. End of life pathway (such as palliative care)	x	x	x	x	x
f. Other pathway (please specify)	x	x	x	x	x
g. No named pathway (e.g. monitoring)	x	x	x	x	x

*Please note: Barnet, Enfield, and Haringey (BEH) Mental Health NHS Trust.

2. The number of eating disorder patients in total on each available pathway and in each available setting so far this year and in each of the past 5 years.

- If you can't break the pathways down by setting, please provide the total number on each pathway across the Trust, regardless of setting.
- If you can't break the settings down by pathway, please provide the total number in each setting within the Trust, regardless of pathway.
- If possible, please give inpatient numbers separately for SEDU / acute wards / mental health wards / general wards etc.

Suggested table to provide answers:

		2024 to date	2023	2022	2021	2020	2019
Early intervention pathway (such as FREED)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
Recovery focused pathway (not early intervention)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
Medical management or stabilisation pathway (such as MEED)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
Pathway for long-standing eating disorders (such as SEED)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
End of life pathway (such as palliative care)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
Other pathway (please specify)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
No named pathway (e.g. monitoring)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						

	Community						
Total in Inpatient services							
Total in Day Patient Services							
Total in Outreach services							
Total in Community Services							
OVERALL TOTAL EATING DISORDER PATIENTS IN TRUST							

Answer: The Trust has reviewed question 2 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:
Section 12(1) does not oblige a public authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit

The Trust has reviewed your request for information and in order to collate this information, it would be necessary to contact each service directly as the information is not held centrally. It is estimated to take over 18 hours to collate.

3. The number of patients in total with an eating disorder that have died of any cause so far this year and in each of the past 5 years.

Answer: Please see table below:

Year	2024 to date	2023	2022	2021	2020	2019
Number of deaths	0	0	<p>The Trust has reviewed your request for information under the Freedom of Information Act (FOI) 2000.</p> <p>Section 1(1) of the Freedom of Information Act 2000 states:</p> <p><i>Any person making a request for information to a public authority is entitled—</i></p> <p><i>(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and</i></p> <p><i>(b) if that is the case, to have that information communicated to them.</i></p> <p>East London NHS Foundation Trust does not record the information requested and is therefore unable to provide a response. Please note: Barnet, Enfield, and Haringey (BEH) Mental Health NHS Trust hold this data. To contact this Trust, please contact: foi@beh-mht.nhs.uk.</p>			

4. Of the patients in question three, above, please provide the location in which the death occurred, for example, in an acute hospital, in the Specialist Eating Disorder Unit, in a palliative care setting, elsewhere in the Trust, or outside any Trust setting.

Answer: Please see table below:

Location	2024 to date	2023	2022	2021	2020	2019
Acute hospital	0	0	N/A			
SEDU	0	0				
Palliative care setting	0	0				
Elsewhere in Trust (please specify)	0	0				
Outside Trust	0	0				

5. Please provide a copy of your Trust's SEED (Severe and Enduring Eating disorder) pathway or similar pathway for patients with long-standing eating disorders.

Answer: The Trust has reviewed question 5 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.

East London NHS Foundation Trust does not record the information requested and is therefore unable to provide a response.

Please note: Barnet, Enfield, and Haringey (BEH) Mental Health NHS Trust has previously provided such services on behalf of East London. As such, it has been advised that they may be able to assist further with such a request. To contact this Trust, please contact: foi@beh-mht.nhs.uk.

To be clear, none of my questions relate to any patients' personal or identifiable information, and that is in no way the intention of my questions.