



**East London**

NHS Foundation Trust

**Information Governance**

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9 July 2025

**Our reference: FOI DA6021**

I am responding to your request for information received 24 April 2025. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

When an organisation receives a request for information under the Freedom of Information Act, it is allowed under the Act to apply a blanket exemption to this where it has concluded that providing a response would take in excess of eighteen hours.

When the cost of compliance and extracting information would exceed eighteen hours, a cost limit of £450 can be applied. This is explained in Section 12 of the Freedom of Information Act 2000 and is based on a rate of £25 per hour, regardless of the rate of pay of any individual involved in the retrieval of requested information, and equates to eighteen hours work.

Having reviewed your request, the Trust has noted that it would not be able to provide all the information requested within the eighteen hours specified in the Freedom of Information Act 2000. However, in this instance and to assist you, we have provided a partial response to your request as per below.

In order to assist you with your request, I have advised below the timing each question would take to help you to refine your request. If you wish to refine your request to comply with the eighteen hour time limit, please do get in touch.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator



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'what matters' to everyone, achieve a better quality  
of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Chief Executive Officer:** Lorraine Sunduza  
**Chair:** Eileen Taylor

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113

Web: [www.ico.org.uk](http://www.ico.org.uk)

**Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention**



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**Request:** I am writing to request information under the Freedom of Information Act 2000 for data around your Community Eating Disorders Service.

**Data requested:**

Active (not historic) current data set (Snapshot) of your Community Eating Disorders Service data, otherwise not available via other methods (online data collections).

Please can the two tables below be completed via email and sent to: [research@auriastar.co.uk](mailto:research@auriastar.co.uk)

<b>NHS trust name</b>	
<b>Total number of patients with Anorexia Nervosa or Atypical Anorexia Nervosa (AA/AAA)</b>	
<b>Total number of patients with Bulimia Nervosa or Atypical Bulimia Nervosa (BN/ABN)</b>	
<b>Total number of patients with Eating Disorder Not Otherwise Specified (EDNOS)</b>	
<b>Total number of patients with Avoidant Restrictive Food Intake Disorder (ARFID)</b>	
<b>Total number of patients with Binge Eating Disorder (BED)</b>	
<b>Total number of therapists/psychologists</b>	
<b>Total number of psychiatrists/speciality grade doctors</b>	
<b>Total number of dieticians</b>	
<b>Other</b>	
<b>Types of therapy offered (e.g. CBT, MANTRA)</b>	
<b>If the Community Eating Disorder Service cannot support with comorbidities, is another service available for support, such as the Community Mental Health Teams? OR are the psychiatric comorbidities treated within the Community Eating Disorder Service?</b>	

Diagnostic Area	Diagnosis	Number of patients with Anorexia Nervosa or Atypical Anorexia Nervosa	Number of patients with Bulimia Nervosa or Atypical Bulimia Nervosa	Number of patients with Eating Disorder Not Otherwise Specified (EDNOS)	Number of patients with Avoidant Restrictive Food Intake Disorder (ARFID)	Number of patients with Binge Eating Disorder (BED)
Cluster A	Paranoid Personality Disorder					
	Schizoid Personality Disorder					



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	Schizotypal Personality Disorder					
Cluster B	Antisocial Personality Disorder					
	Borderline Personality Disorder/EUPD					
	Histrionic Personality Disorder					
	Narcissistic Personality Disorder					
Cluster C	Avoidant Personality Disorder					
	Dependent Personality Disorder					
	Obsessive-Compulsive Personality Disorder					
Anxiety disorders	Anxiety (inc GAD)					
	Social Anxiety					
	Panic Disorder					
	Phobic Disorders					
Affective Disorders	Depression					
	Bipolar Affecting Disorders (I-III)					
	Cyclothymia					
Trauma Disorders	Post Traumatic Stress Disorder					
	Complex Post Traumatic Stress Disorder					
Somatoform disorders (excluding body dysmorphia )	E.g. Functional Vomiting Syndrome, Cyclical Vomiting Syndrome ,Somatic Symptom Disorder (SSD), conversion Disorder, Hypochondriasis, Pain Disorder, Undifferentiated, Somatoform Disorder					
Obsessive disorders	Obsessive Compulsive					



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	Disorder (OCD)					
Psychotic disorders	E.g. Paranoid Schizophrenia					
Neurodivergant disorders	Attention Deficit Hyperactivity Disorder (ADHD)					
	Autistic Spectrum Disorder (ASD)					
Risk	Self harm and/or suicidal ideation					
Physical health	Irritable Bowel Syndrome					
	Inflammatory Bowel Syndrome					
	Type 1 Diabetes					
	Type 2 Diabetes					
	Hypertension					
	Hypercholesterolaemia					
	Polycystic Ovary Syndrome (PCOS)					
	Menstrual dysfunction					
	Premenstrual dysphoric disorder (PMDD)					
	Sleep problems					
	Pain conditions					

Answer: Please see Appendix 1 attached.



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