

NHS Foundation Trust Information Governance Robert Dolan House 9 Alie Street London E1 8DE

Email elft.foi@nhs.net
Website: https://www.elft.nhs.uk

9 July 2025

Our reference: FOI DA6021

I am responding to your request for information received 24 April 2025. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

When an organisation receives a request for information under the Freedom of Information Act, it is allowed under the Act to apply a blanket exemption to this where it has concluded that providing a response would take in excess of eighteen hours.

When the cost of compliance and extracting information would exceed eighteen hours, a cost limit of £450 can be applied. This is explained in Section 12 of the Freedom of Information Act 2000 and is based on a rate of £25 per hour, regardless of the rate of pay of any individual involved in the retrieval of requested information, and equates to eighteen hours work.

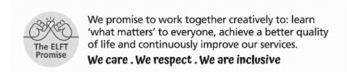
Having reviewed your request, the Trust has noted that it would not be able to provide all the information requested within the eighteen hours specified in the Freedom of Information Act 2000. However, in this instance and to assist you, we have provided a partial response to your request as per below.

In order to assist you with your request, I have advised below the timing each question would take to help you to refine your request. If you wish to refine your request to comply with the eighteen hour time limit, please do get in touch.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator



Chief Executive Officer: Lorraine Sunduza

Chair: Eileen Taylor

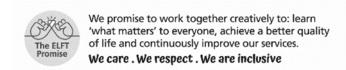
If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office Wycliffe House Water Lane Wilmslow Cheshire SK9 5AF

Tel: 0303 123 1113 Web: <u>www.ico.org.uk</u>

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



Chief Executive Officer: Lorraine Sunduza

Chair: Eileen Taylor

Request:

I am writing to request information under the Freedom of Information Act 2000 for data around your Community Eating Disorders Service.

Data requested:

Active (not historic) current data set (Snapshot) of your Community Eating Disorders Service data, otherwise not available via other methods (online data collections).

Please can the two tables below be completed via email and sent to: research@auriastar.co.uk

NHS trust name		
Total number of patie Atypical Anorexia Ne	ents with Anorexia Nervosa or rvosa (AA/AAA)	
Total number of patie Atypical Bulimia Nerv	ents with Bulimia Nervosa or vosa (BN/ABN)	
Total number of patie Otherwise Specified	ents with Eating Disorder Not (EDNOS)	
Total number of patients with Avoidant Restrictive Food Intake Disorder (ARFID)		
Total number of patie Disorder (BED)	ents with Binge Eating	
Total number of thera	apists/psychologists	
Total number of psyc doctors	chiatrists/speciality grade	
Total number of dietic	cians	
Other		
Types of therapy offe	ered (e.g. CBTe, MANTRA)	
support with comorb available for support, Mental Health Teams	ing Disorder Service cannot idities, is another service, such as the Community? OR are the psychiatric co-	

Diagnostic Area	Diagnosis	Number of patients with Anorexia Nervosa or Atypical Anorexia Nervosa	Number of patients with Bulimia Nervosa or Atypical Bulimia Nervosa	Number of patients with Eating Disorder Not Otherwis e Specified (EDNOS)	Number of patients with Avoidant Restrictiv e Food Intake Disorder (ARFID)	Number of patients with Binge Eating Disorder (BED)
Cluster A	Paranoid Personality Disorder					
	Schizoid Personality Disorder					



Chief Executive Officer: Lorraine Sunduza Chair: Eileen Taylor

			1	
	Schizotypal			
	Personality			
	Disorder			
	Antisocial			
	Personality			
	Disorder			
	Borderline			
	Personality Disorder/EUPD			
Cluster B				
	Histrionic			
	Personality Disorder			
	Narcissistic			
	Personality			
	Disorder			
	Avoidant			
	Personality			
	Disorder			
	Dependent			
Oharter	Personality			
Cluster C	Disorder			
	Obsessive-			
	Compulsive			
	Personality			
	Disorder			
	Anxiety (inc			
	GAD)			
Anxiety	Social Anxiety			
disorders	Panic Disorder			
	Phobic			
	Disorders			
	Depression			
A CC - C'	Bipolar			
Affective	Affecting			
Disorders	Disorders (I-III)			
	Cyclothymia			
	Post Traumatic			
	Stress			
Trauma	Disorder			
Disorders	Complex Post			
Districts	Traumatic			
	Stress			
	Disorder			
	E.g. Functional			
	Vomiting			
	Syndrome,			
	Cyclical Vomiting			
	Syndrome			
Somatoform	,Somatic			
disorders	Symptom			
(excluding	Disorder (SSD),			
body dysmorphia)	conversion			
	Disorder,			
	Hypochondrias			
	is,			
	Pain Disorder,			
	Undifferentiate			
	d, Somatoform			
	Disorder			
Obsessive	Obsessive			
disorders	Compulsive			



	Disorder (OCD)			
Psychotic disorders	E.g. Paranoid Schizophrenia			
Neurodiverg ant disorders	Attention Deficit Hyperactivity Disorder (ADHD)			
	Autistic Spectrum Disorder (ASD)			
Risk	Self harm and/or suicidal ideation			
	Irritable Bowel Syndrome			
	Inflammatory Bowel Syndrome			
	Type 1 Diabetes			
	Type 2 Diabetes			
	Hypertension			
Physical health	Hypercholester olaemia			
	Polycystic Ovary Syndrome (PCOS)			
	Menstrual dysfunction			
	Premenstrual dysphoric disorder (PMDD)			
	Sleep problems			
	Pain conditions			

Answer: Please see Appendix 1 attached.

Chief Executive Officer: Lorraine Sunduza Chair: Eileen Taylor