



East London

NHS Foundation Trust

Information Governance

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16 July 2025

Our reference: FOI DA6064

I am responding to your request for information received 20 May 2025. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

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Chair: Eileen Taylor

Request:

Adherence to National Guidelines

Question 1: Does your Trust currently follow any of the following national guidelines for the treatment and management of Overactive Bladder (OAB)? Please indicate “Yes” or “No” for each of the following:

a) NICE Interventional Procedure Guidance on sacral nerve stimulation for urge incontinence and urgency-frequency (IPG64)

Answer: No. The Trust does not follow this guidance as we do not offer this form of treatment.

b) NICE Clinical Guideline on Urinary Incontinence in Women (CG171)

Answer: Yes. The Trust follows all statements within this guidance except statement 6 as follows: *“Women with urinary incontinence have indwelling urethral catheters for long-term treatment only if they have an assessment and discussion of the practicalities and potential urological complications”.*

c) NICE Clinical Guideline on Lower Urinary Tract Symptoms in Men (CG97)

Answer: Yes.

d) Any NHS England-issued clinical guidelines related to OAB management

Answer: Yes. The Trust follows the NICE guidance, but would also use other guidelines issued by NHS England as required.

Locally Adopted Guidelines

Question 2: For any of the above guidelines that your Trust follows, please provide the title, version number, and date of the current guidance or policy document in use.

Answer: NICE Guideline. Urinary Incontinence And Pelvic Organ Prolapse In Women: Management NG123.
Published: 2 April 2019.
Last updated: 24 June 2019.

NICE Guideline. Urinary Incontinence In Neurological Disease: Assessment And Management. CG148.
Published: 08 August 2012.
Last updated: 02 October 2023.

Local Protocols or Deviations

Question 3: If your Trust does not follow one or more of the national guidelines listed above, or has developed local clinical pathways or protocols for the management of OAB, please provide a copy of the relevant local policy or a summary of the key differences compared to national guidance.

Answer: Please see Appendix 1 attached.



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