

Information Governance Robert Dolan House 9 Alie Street

London E18DE

Email elft.foi@nhs.net Website: https://www.elft.nhs.uk

3 July 2025

Our reference: FOI DA6116

I am responding to your request for information received 23 June 2025. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office Wycliffe House Water Lane Wilmslow Cheshire SK9 5AF

Tel: 0303 123 1113 Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention

Chief Executive Officer: Lorraine Sunduza

Request:

I am writing to request information under the Freedom of Information Act 2000 regarding cannabis-related psychiatric admissions and treatment provided by your Trust.

Please provide the following data covering the period 2000 to the most recent full year available (e.g. 2023 or 2024), broken down year-by-year where possible:

Question 1: **Cannabis-Related Admissions**

- a) The number of psychiatric admissions coded under ICD-10: F12 (Mental and behavioural disorders due to use of cannabinoids)
- b) Please include first-time admissions and readmissions
- c) If possible, indicate primary vs. secondary diagnosis status

Please see table below: Answer:

Year*	Status - Primary / Secondary	Number of Admissions coded under ICD10-F12	
2000	Secondary	1	
2003	Secondary	1	
2006	Secondary	1	
2007	Primary	20	
2007	Secondary	12	
2008	Primary	23	
2008	Secondary	36	
2009	Primary	27	
2009	Secondary	52	
2010	Primary	37	
2010	Secondary	37	
2011	Primary	27	
2011	Secondary	37	
2012	Primary	29	
2012	Secondary	71	
2013	Primary	25	
2013	Secondary	318	
2014	Primary	30	
2014	Secondary	484	
2015	Primary	41	
2015	Secondary	534	
2016	Primary	48	
2016	Secondary	661	
2017	Primary	56	
2017	Secondary	632	
2018	Primary	50	
2018	Secondary	664	
2019	Primary	54	
2019	Secondary	666	
2020	Primary	57	
2020	Secondary	623	
2021	Primary	84	
2021	Secondary	562	
2022	Primary	53	
2022	Secondary	498	

Chief Executive Officer: Lorraine Sunduza

2023	Primary	33
2023	Secondary	431
2024	Primary	30
2024	Secondary	308

^{*}Please note that any years or status of diagnosis not included is due to there being 0 relevant admissions under ICD10-F12.

Question 2: Age Group Breakdown

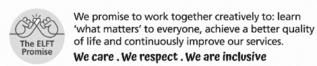
For all F12-coded cases, please provide data disaggregated by the following age categories:

- a) Under 13
- b) 13-15
- c) 16-17
- d) 18-24
- e) 25-34
- f) 35+

Answer:

Please see table below:

Year*	Age at Admission	Number of Admissions coded under ICD10-F12	
2000	35+	1	
2003	25-34	1	
2006	35+	1	
2007	18-24	5	
2007	25-34	14	
2007	35+	13	
2008	16-17	3	
2008	18-24	22	
2008	25-34	19	
2008	35+	15	
2009	13-15	1	
2009	16-17	3	
2009	18-24	20	
2009	25-34	29	
2009	35+	26	
2010	16-17	4	
2010	18-24	25	
2010	25-34	26	
2010	35+	19	
2011	13-15	1	
2011	16-17	1	
2011	18-24	21	
2011	25-34	25	
2011	35+	16	
2012	16-17	3	
2012	18-24	34	
2012	25-34	42	
2012	35+	21	
2013	13-15	3	
2013	16-17	9	



Chief Executive Officer: Lorraine Sunduza

2013	18-24	80
2013	25-34	134
2013	35+	117
2014	13-15	3
2014	16-17	9
2014	18-24	122
2014	25-34	177
2014	35+	203
2015	13-15	4
2015	16-17	22
2015	18-24	138
2015	25-34	210
2015	35+	201
2016	13-15	5
2016	16-17	16
2016	18-24	205
2016	25-34	263
2016	35+	220
2017	13-15	2
2017	16-17	21
2017	18-24	198
2017	25-34	226
2017	35+	241
2018	13-15	9
2018	16-17	32
2018	18-24	177
2018	25-34	245
2018	35+	251
2019	13-15	2
2019	16-17	12
2019	18-24	212
2019	25-34	266
2019	35+	228
2020	13-15	1
2020	16-17	12
2020	18-24	204
2020	25-34	235
2020	35+	228
2021	13-15	2
2021	16-17	12
2021	18-24	183
2021	25-34	213
2021	35+	236
2022	13-15	3
2022	16-17	14
2022	18-24	133
2022	25-34	200
2022	35+	201
2023	13-15	4
2023	16-17	11
	1	1



Chief Executive Officer: Lorraine Sunduza **Chair**: Eileen Taylor

2023	18-24	113
2023	25-34	163
2023	35+	173
2024	13-15	3
2024	16-17	14
2024	18-24	74
2024	25-34	123
2024	35+	124

^{*}Please note that any years or ages categories at admission not included is due to there being 0 relevant admissions under ICD10-F12.

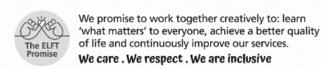
Question 3: CAMHS vs Adult Mental Health Services

Please indicate how many cannabis-related admissions were treated under:

- a) Child and Adolescent Mental Health Services (CAMHS)
- b) Adult Mental Health Services
- c) If data is unavailable in this format, please provide any relevant proxy categories (e.g. by age or treatment setting)
- d) Also include data from any other therapy, counselling, or community mental health services that may deal with cannabis-related cases in young people

Answer: Please see table below:

Year*	CAMHS / Adult Split	Number of Admissions coded under ICD10-F12	
2000	Adult	1	
2003	Adult	1	
2006	Adult	1	
2007	Adult	32	
2008	Adult	56	
2008	CAMHS	3	
2009	Adult	75	
2009	CAMHS	4	
2010	Adult	70	
2010	CAMHS	4	
2011	Adult	62	
2011	CAMHS	2	
2012	Adult	97	
2012	CAMHS	3	
2013	Adult	331	
2013	CAMHS	12	
2014	Adult	503	
2014	CAMHS	11	
2015	Adult	551	
2015	CAMHS	24	
2016	Adult	689	
2016	CAMHS	20	
2017	Adult	670	
2017	CAMHS	18	
2018	Adult	677	



Chief Executive Officer: Lorraine Sunduza **Chair**: Eileen Taylor

2018	CAMHS	37
2019	Adult	707
2019	CAMHS	13
2020	Adult	668
2020	CAMHS	12
2021	Adult	636
2021	CAMHS	10
2022	Adult	536
2022	CAMHS	15
2023	Adult	449
2023	CAMHS	15
2024	Adult	321
2024	CAMHS	17

^{*}Please note that any years or CAMHS/Adult split not included is due to there being 0 relevant admissions under ICD10-F12.

Question 4: Readmissions and Comorbidities For patients admitted under ICD-10 F12, please indicate:

How many were readmitted within 12 months

Answer: Please see table below:

Year*	Number of patients under ICD10- F12 Readmitted within 12 Months
2007	18
2008	26
2009	35
2010	25
2011	24
2012	40
2013	143
2014	220
2015	233
2016	262
2017	270
2018	270
2019	257
2020	252
2021	238
2022	199
2023	152
2024	81

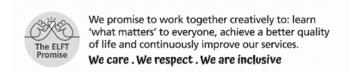
^{*}Please note that any years not included is due to there being 0 relevant readmissions under ICD10-F12.

• The most common comorbid mental health diagnoses, if recorded (e.g. psychosis, depression, anxiety, schizophrenia)

Chief Executive Officer: Lorraine Sunduza

Chair: Eileen Taylor

Answer: Please see table below:



Year	Comorbid mental health diagnosis			
	Psychosis	Depression	Anxiety	Schizophrenia
2000	1	N/A	N/A	1
2001	N/A	N/A	N/A	N/A
2002	N/A	N/A	N/A	N/A
2003	1	N/A	N/A	1
2004	N/A	N/A	N/A	N/A
2005	V	N/A	N/A	N/A
2006	1	N/A	N/A	1
2007	9	1	N/A	7
2008	20	2	4	15
2009	29	1	1	19
2010	35	3	2	23
2011	32	1	3	23
2012	56	3	3	40
2013	202	18	29	138
2014	282	23	47	190
2015	320	27	31	190
2016	372	38	46	196
2017	371	35	63	197
2018	368	39	71	187
2019	356	23	96	177
2020	341	23	80	153
2021	306	42	61	121
2022	283	22	65	128
2023	259	25	48	107
2024	195	15	51	70

Question 5: Additional Details (If Available) Please indicate:

a) Whether any cases involved cannabis described as high-potency or "skunk"

Answer:

The Trust has reviewed question 5a of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and

(b) if that is the case, to have that information communicated to them.

East London NHS Foundation Trust does not record the information requested and is therefore unable to provide a response.

b) Whether the patient's treatment was:

- Inpatient
- Outpatient
- · Community-based or therapy service

Answer:

Regarding the data provided in questions 1-4, care was received across both inpatient and community mental health services (outpatients).

Chief Executive Officer: Lorraine Sunduza

