



East London
NHS Foundation Trust
Information Governance
Robert Dolan House
9 Alie Street
London
E1 8DE

Email elft.foi@nhs.net
Website: <https://www.elft.nhs.uk>

31 July 2025

Our reference: FOI DA6149

I am responding to your request for information received 14 July 2025 and clarified on 15 July. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

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We promise to work together creatively to: learn
'what matters' to everyone, achieve a better quality
of life and continuously improve our services.
We care . We respect . We are inclusive

Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request:

Question 1: Do you collect data on the readmission rates of patients who have been admitted to an inpatient facility for a mental health condition at your Trust?

Answer: Yes.

Question 2: If you do, how many patients were readmitted for inpatient mental health care, including out-of-area admissions:

- Three months after they were discharged.
- Six months after they were discharged.
- Twelve months after they were discharged.

Clarification: Data for the last three calendar years.

Answer: Please see table below:

	Total number of patients readmitted		
	2022	2023	2024
Readmission three-months after discharge	142	133	101
Readmission six months after discharge	95	87	67
Readmission twelve months after discharge	66	41	49

Question 3: At what intervals do you follow up with patients after they are discharged from secondary mental health care? Tick all that apply:

- 1 week
- Within 1 month
- Between 1 and 3 months
- 3 to 6 months
- 12 months

Answer: Upon discharge from an inpatient ward to a Community Mental Health Team the Trust will review the patient within 72 hours.

Question 4: In the last 12 months (May 2024 to May 2025), how many patients who required secondary mental health services were discharged from your Trust to Primary Care?

Answer: Not applicable. The Trust does not discharge patients to Primary Care.

Question 5: How many people detained under the Mental Health Act (MHA) were discharged to primary care?

Answer: Not applicable. The Trust does not discharge patients to Primary Care.

Question 6: How many patients were admitted to hospital following care by the Crisis Resolution Home Treatment Team/Home-based Treatment Team after:

- 3 months
- 6 months
- 12 months

Clarification: Data for the last three calendar years.



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Answer: Please see table below:

	Total number of patients admitted to hospital by the Crisis Resolution Home Treatment Team/Home-based Treatment Team		
	2022	2023	2024
Admission three-months treatment	211	224	187
Admission six months after treatment	147	137	132
Admission twelve months after treatment	73	75	89

Question 7: What has been the average length of stay over the last five years in adult acute mental health care at your Trust, including those patients sent out of area?

Answer: 36 days.



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