

FOI DA6021

I am writing to request information under the Freedom of Information Act 2000 for data around your Community Eating Disorders Service.

Data requested:

Active (not historic) current data set (Snapshot) of your Community Eating Disorders Service data, otherwise not available via other methods (online data collections).

Please can the two tables below be completed:

Question 1

NHS trust name	East London NHS Foundation Trust	
Total number of patients with Anorexia Nervosa or Atypical Anorexia Nervosa (AUAANA)		35
Total number of patients with Bulimia Nervosa or Atypical Bulimia Nervosa (BUIABN)		0
Total number of patients with Eating Disorder Not Otherwise Specified (EDNOS)		8
Total number of patients with Avoidant Restrictive Food Intake Disorder (ARFID)		2
Total number of patients with Binge Eating Disorder (BED)		10
Total number of therapists/psychologists		3
Total number of psychiatrists/speciality grade doctors		1
Total number of dietitians		0
Types of therapy offered (e.g. CBT, MANTRA)	CBT-E, MANTRA, SSCM, formulation based Counselling Psychology and Clinical Psychology, systemic, schema therapy, EMDR, elements of DBT and psychodynamic, narrative, ACT, Formulation based CBT, various specific other CBTs (GAD, OCD, Social Phobia, TFCBT, NET, CT/CBTBA for depression, panic, health anxiety, phobias, clinical perfectionism, self esteem etc), person centred counselling, ARFID CBT, motivational interviewing/enhancement, Maudsley family intervention.	
If the Community Eating Disorder Service cannot support with comorbidities, is another service available for support, such as the Community Mental Health Teams? OR are the psychiatric co-morbidities treated within the Community Eating Disorder Service?	This is dependant on need, preference, priority, formulation and safety, both are options are available.	

OTHER: 1 Assistant Psychologist, 6 Nurses, 2 consultants, 1 administrator, 1 Operations Manager

Question 2

Diagnostic Area	Diagnosis	Number of patients with Anorexia Nervosa or Atypical Anorexia Nervosa	Number of patients with Bulimia Nervosa or Atypical Bulimia Nervosa	Number of patients with Eating Disorder Not Otherwise Specified (EDNOS)	Number of patients with Avoidant Restrictive Food Intake Disorder (ARFID)	Number of patients with Binge Eating Disorder (BED)
Cluster A	Paranoid Personality Disorder	<p>The Trust has reviewed your request for information under the Freedom of Information Act (FOI) 2000.</p> <p>Section 12(1) of the Freedom of Information Act 2000 states:</p> <p>Section 12(1) does not oblige a public authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit</p> <p>The Trust has reviewed your request for information and in order to collate this information, it would be necessary to review a matrix containing 195 combinations and manually input the data. This is estimated to take over 18 hours to review and collate.</p> <p>If the number of diagnosis is reduced or you could provide the desired ICD10 number combinations, this would reduce the hours and the Trust will be able to process your request within the acceptable time limit.</p>				
	Schizoid Personality Disorder					
	Schizotypal Personality Disorder					
Cluster B	Antisocial Personality Disorder					
	Borderline Personality Disorder/EUPD					
	Histrionic Personality Disorder					
	Narcissistic Personality Disorder					
Cluster C	Avoidant Personality Disorder					
	Dependent Personality Disorder					
	Obsessive-Compulsive Personality Disorder					
Anxiety disorders	Anxiety (inc GAD)					
	Social Anxiety					
	Panic Disorder					
	Phobic Disorders					
Affective Disorders	Depression					
	Bipolar Affecting Disorders (I-II)					
	Cyclothymia					
Trauma Disorders	Post Traumatic Stress Disorder					
	Complex Post Traumatic Stress Disorder					
Somatiform disorders (excluding body dysmorphia)	E.g. Functional Vomiting Syndrome, Cyclical Vomiting Syndrome, Somatic Symptom Disorder (SSD), conversion Disorder, Hypochondriasis,					
	Pain Disorder, Undifferentiated, Somatoform Disorder					
Obsessive disorders	Obsessive Compulsive Disorder (OCD)					
Psychotic disorders	E.g. Paranoid Schizophrenia					
Neurodivergant disorders	Attention Deficit Hyperactivity Disorder (ADHD)					
	Autistic Spectrum Disorder (ASD)					
Risk	Self harm and/or suicidal ideation					
Physical health	Irritable Bowel Syndrome					
	Inflammatory Bowel Syndrome					
	Type 1 Diabetes					
	Type 2 Diabetes					
	Hypertension					
	Hypercholesterolaemia					
	Polycystic Ovary Syndrome (PCOS)					
	Menstrual dysfunction					
	Premenstrual dysphoric disorder (PMDD)					
	Sleep problems					
	Pain conditions					