



East London
NHS Foundation Trust
Information Governance
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19 August 2025

Our reference: FOI DA6147

I am responding to your request for information received 11 July 2025 and clarified on 16 July. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



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'what matters' to everyone, achieve a better quality
of life and continuously improve our services.
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Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request:

Question 1: What is the name of your Trust?

Answer: East London NHS Foundation Trust.

Question 2: Where are you based?

- England
- Scotland
- Wales
- Northern Ireland

Answer: England.

Question 3: Do you run an adult ADHD service?

Yes

No (If No the form will skip everything until Q13)

Answer: Yes.

Question 4: How many adults are currently waiting for an ADHD assessment across your Trust?

(Please enter the total number. If you do not record this information, please enter: Not recorded)

Answer: 7,856 adults are currently awaiting an ADHD assessment.

Question 5: How many referrals for adult ADHD assessments did you receive across your trust in 2024?

(Please enter the total number. If you do not record this information, please enter: Not recorded)

Answer: 4,384 adult ADHD referrals were received in 2024.

Question 6: How many adult ADHD assessments did you carry out across your trust in 2024?

(Please enter the total number. If you do not record this information, please enter: Not recorded)

Answer: 616 adult ADHD assessments were conducted in 2024.

Question 7: Do you support patients while they are on the waiting list?

Yes

No (If No the form will skip Q8)

Answer: Yes.

Question 8: Please outline what support you offer patients while they are on the waiting list?

Answer: The following support is available to patients while on the ADHD waiting:

- Self-help resources for patients are available via the following link: [Support Available | East London NHS Foundation Trust](#)
- Signposting to community workshops offering information/support in those (e.g. Recovery College or VCSE spaces) – collaboration work with Newham Adult ADHD service.



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- Liaising with Community Mental Health Teams (CMHT) to address and manage needs as appropriate/viable.
- Patients advised of estimated wait times if they enquire directly and are advised regarding Right to Choose pathway.
- Service users are provided with information about groups at the recovery college, self- help support online and access to duty teams if in need of urgent help.

Question 9: Has your any part of your Trust closed waiting lists for new adult ADHD assessment referrals at any point in the last 12 months?

Yes

No (If No the form will skip Q10)

Answer: Yes.

Question 10: Please give details of which services were affected and for how long?

Answer: In Newham - Assessment and medication/titration review referrals closed as of 12 May 2025. Services affected: All teams that would refer (i.e. both primary and secondary care services).

Question 11: Do any adult ADHD services across your trust have an exclusion criteria for assessment referrals?

Yes

No (If no, the form will skip Q12)

Answer: Yes.

Question 12: Please select all relevant reasons from this list:

- **We do not accept patients over a certain age**
- **We only accept patients with complex cases, eg other mental health conditions**
- **We do not accept patients who are being seen by an adult mental health team or have complex mental health conditions**
- **We do not accept patients if we believe their symptoms are not causing significant functional impairment**
- **The service is only commissioned to see a certain amount of patients, so new referrals are rejected after that target is reached**

Answer: City and Hackney and Tower Hamlets:

- No one under 18 years of age.
- Only City and Hackney residents
- No one with existing diagnosis for assessment, unless private or foreign diagnosis lacking full documentation
- Will not see anyone with diagnosis of Learning Disability.
- Will not see anyone under Forensic Services

Newham:

- No one under 18 years of age (over 64 subject to review/discussion)
- Not registered with Newham GP
- Out-of-area subject to review/discussion
- Not enough evidence to support possible ADHD
- Reported to have existing diagnosis (would be referred to medication/diagnosis review pathway)



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Question 13: Feel free to add any more information here:

This is optional if you want to give more context to any of your answers.

Answer: Not applicable.



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