



East London
NHS Foundation Trust
Information Governance
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20 August 2025

Our reference: FOI DA6162

I am responding to your request for information received and clarified on 22 July 2025. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



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Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request: This is a Freedom of Information request under the Freedom of Information Act 2000 (the "Act"). Please provide the following information you have pertaining to ADHD and Autism assessments and post-diagnostic services within your Trust / Health Board.

Question 1: Please provide your total annual spend and total number of patients (for each of the last three financial years) on ADHD and Autism assessments, broken down by age categories as listed below.

Answer: Please see table below:

		Apr-22-Mar-23	Apr-23-Mar-24	Apr-24-Mar-25
ADHD assessments – patients 18 years old and over	Total number of patients	4437	8082	9974
	Total annual spend (£)	166,033.15	307,115.60	490,947.33
ADHD assessments – patients	Total number of patients	4437*	8082*	9974*
	Total annual spend	166,033.15	307,115.60	490,947.33
Autism assessments - patients 18 years old and over	Total number of patients	1491	2151	2928
	Total annual spend	911,000.65	1,258,719.34	1,576,103.11
Autism assessments - patients	Total number of patients	1491*	2151*	2928*
	Total annual spend	911,000.65	1,258,719.34	1,576,103.11

Please note: The total number of patients on ADHD and Autism assessments has been interpreted as the number of patients open to ADHD and Autism teams.

*The Trust has reviewed your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:
Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.

East London NHS Foundation Trust's children's services does not have dedicated ADHD or ASD teams and as such the information requested is not recorded. Therefore, the Trust is unable to respond

Question 2: For Apr-24-Mar-25, please split out the total number of patients / annual spend from question 1 by those delivered in-house vs those delivered by third party private providers* (for Apr-24-Mar-25). Please use one row for each third party private provider and please also include the pathway / contract type for each third party private provider (e.g. block contract, right to choose):



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Provider		Apr-24-Mar-25				
	Pathway	ADHD – 18 years old and over patient numbers	ADHD –	Autism – 18 years old and over patient numbers	Autism – 18 years old patient numbers	Total annual spend
<i>Example: Provider A</i>	<i>Right to Choose</i>	X	X	X	X	£Xk
<i>Example: Provider B</i>	<i>Block contract</i>	X	X	X	X	£Xk
<i>Example: In-house delivery</i>	<i>n/a</i>	X	X	X	X	n/a
Total (should align with question 1 total for Apr-24-Mar-25)		X	X	X	X	£Xk

Answer: The Trust has reviewed question 2 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not outsource ADHD and Autism services to third party providers and is therefore unable to provide a response.

Question 3: For Apr-24-Mar-25, please provide your total annual spend on the following post-diagnostic services. Please find definitions for post-diagnostic services at the end of the request. Please include volumes where your Trust / Health Board has commissioned third party provider(s) to deliver the service.

Annual spend	Prescriptions	Medication	Therapies	Psycho-education	Other support services
ADHD – patients 18 years old and over					
ADHD – patients					
Autism - patients 18 years old and over					
Autism - patients					

Answer: The Trust has reviewed question 3 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:



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(a) to be informed in writing by the public authority whether it holds information
of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not provide post diagnostic services for ADHD and Autism patients via third party providers and is therefore unable to provide a response.

Question 4: What is the FTE of employed clinicians in the Trust / Health Board who can conduct ADHD / Autism assessments, or prescribe ADHD medications? If possible, please split by role type. Please provide answers based on FTE (rather than headcount). Please exclude vacancies.

Answer: Please see table below:

	ADHD assessments	Autism assessments	ADHD prescriptions
Psychiatrists	Consultant Psychiatrist 0.2 WTE. Consultant Psychiatrist 0.2 WTE 2 x Consultant Psychiatrist 0.1 WTE Pharmacist Prescriber 1.0 WTE (currently maternity leave) but have 0.6 WTE cover	Consultant Psychiatrist - 0.15 WTE Consultant Psychiatrist - WTE 0.4	N/A
Paediatricians	N/A	N/A	N/A
Specialist nurses	N/A	N/A	N/A
Speech and language therapists	N/A	N/A	N/A
Clinical psychologists	N/A	Diagnostic assessors (Medical Dr or Clinical Psychologist) - WTE 2.20	N/A
Social workers	N/A	Social Worker - 0.8 WTE (Operational lead)	N/A
Other		Occupational Therapist - 0.9 WTE (also operational lead) spends a limited amount of time as part of diagnostic process	N/A



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		Senior Occupational Therapist - 1.0 WTE, although part of this role is post-diagnostic Specialty doctor - 0.4 WTE Rotational SHO post (six-monthly split with C&H ADHD) 0.2 WTE - not in Autism commissioned budget but funded through internal monies. Autism diagnostic practitioners (OTs by background) - 1.6 WTE Initial assessors / ADOS assessors (SALT 1.6 WTE, social worker 0.51 WTE, OT 1.75 WTE) - WTE 3.86	
Total (FTE)	2.2 WTE	11.51 WTE	0.0 WTE

Question 5: Please provide the current number of patients, that are currently waiting for an ADHD or Autism assessment at your Trust / Health Board.

Please also provide the average (mean) time spent on the wait list before receiving an assessment at your Trust / Health Board. Please include the date which your figures are based on.

Clarification: Please use the most recent time period you have available, preferably the last full calendar month (Jun-2025). The request is specifically for someone joining the waitlist in the last month, what is the expected waiting period they will be on the list until receiving an assessment.

Answer: Please see table below:

	ADHD assessments	Autism assessments
Number of patients	7854	1833
(18 years old and over)		



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Average wait time (18 years old and over)	436 days (as at June 2025)	605 days (as at June 2025)
Number of patients	7854	1833
Average wait time	436 days (as at June 2025)	605 days (as at June 2025)



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