



East London
NHS Foundation Trust
Information Governance
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12 August 2025

Our reference: FOI DA6178

I am responding to your request for information received 30 July 2025. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



We promise to work together creatively to: learn
'what matters' to everyone, achieve a better quality
of life and continuously improve our services.
We care . We respect . We are inclusive

Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request: Under the Freedom of Information Act 2000, I would like to request the following information:

Question 1: Those diagnosed of borderline personality disorder (BPD) also known as Emotionally Unstable Personality Disorder (EUPD). How many were referred for further support, such as:

- Psychological therapies (e.g. DBT, MBT)
- Specialist mental health services
- Crisis teams or community mental health teams (CMHTs)
- Inpatient services
- Other relevant care pathways

Answer: A total number of 17,279 patients were diagnosed with Emotionally Unstable Personality Disorder (EUPD).

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information regarding onward referrals. The Trust is therefore unable to provide a response.

Question 2: If possible, please provide this data broken down by year and by service area (if applicable):

01/01/20 – 01/01/21

01/01/21 – 01/01/22

01/01/22– 01/01/23

01/01/23 – 01/01/24

01/01/24 – 01/01/25

Answer: Please see table below:

Year	Patients with Diagnosis Emotionally Unstable Personality Disorder (EUPD).
2020	3341
2021	3406
2022	3471
2023	3563
2024 to date 08/08/25	3498

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information regarding onward referrals to specific service areas. The Trust is therefore unable to provide a response.

Question 3: If possible, please provide this data broken down by area

- Luton
- Bedfordshire
- Bedford



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Answer: The Trust has reviewed question 3 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested as services are divided by area which are not all geographical. A patient could be referred to more than one area which would result in double counting if data is broken down by area. The Trust is therefore unable to provide a response.



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