



East London
NHS Foundation Trust
Information Governance
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24 September 2025

Our reference: FOI DA6157

I am responding to your request for information received 18 July 2025. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliff House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



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'what matters' to everyone, achieve a better quality
of life and continuously improve our services.
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Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request:

Question 1: What is the current average and 90th percentile waiting time for ADHD post diagnostic therapies (including psychotherapies),

broken down by:

Answer: a: NHS providers

The current average waiting time (as at July 2025) for ADHD assessments is approximately 523 days.

The 90th percentile waiting time is 888 days, while the median wait is 517 days.

b: outsourced private providers?

The Trust does not work with any external providers for ADHD or Autism assessments.

Question 2: What is the current average and 90th percentile waiting time for ASD post diagnostic therapies (including psychotherapies), broken down by:

Answer: a: NHS providers

The current average waiting time for ASD assessments (as at July 2025) is approximately 345 days.

The 90th percentile waiting time is 777 days, while the median wait is 266 days.

b: outsourced private providers?

The Trust does not work with external providers for ADHD or Autism assessments.

Question 3: How many ADHD referral requests were (a) declined and (b) deemed 'not clinically urgent' by NHS services in the last 12 months?

Answer: In the past twelve months, six referrals to the ADHD teams were declined.

The Trust has reviewed your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

Any person making a request for information to a public authority is entitled—

(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and

(b) if that is the case, to have that information communicated to them.

East London NHS Foundation Trust does not record whether a referral was declined due to the reason 'not clinically urgent' as requested and is therefore unable to provide a response.

Question 4: How many ASD referral requests were (a) declined and (b) deemed 'not clinically urgent' by NHS services in the last 12 months?

Answer: In the past twelve months, zero ASD referrals were declined.

The Trust has reviewed your request for information under the Freedom of Information Act (FOI) 2000.



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East London NHS Foundation Trust does not record whether a referral was declined due to the reason 'not clinically urgent' as requested and is therefore unable to provide a response.

Question 5: What percentage of patients diagnosed with ADHD by the NHS receive (a) medication titration and (b) follow-up care within 3 months?

Answer: The Trust has reviewed question 5 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

Any person making a request for information to a public authority is entitled—

(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and

(b) if that is the case, to have that information communicated to them.

East London NHS Foundation Trust does not record the information requested and is therefore unable to provide a response.

Question 6: Are any post-diagnosis services outsourced to private providers? Which?

Answer: No.

Question 7: What is the current waitlist time for dementia assessment?

Answer: The current average waiting time for Dementia assessments is approximately 161 days.

Question 8: What is the split by demographics (under 60 vs over 60)?

Answer: There are currently 149 patients under the age of 60 on the dementia team waiting list, with an average waiting time of 126 days.

Additionally, there are 1,503 patients aged 60 and over on the waiting list, with an average waiting time of 164 days.

Question 9: Which providers are you working with to support on memory assessments (eg. dementia)?

Please can you share the spend broken down by provider for FY24/25

Please can you share the spend broken down by provider for FY23/24

Answer: The Trust does not outsource its memory assessments services.

Question 10: What other mental conditions does the NHS use private providers to deliver assessments for?

Answer: In East London, we currently offer specialist support for eating disorders.

Question 11: Which providers are you working with for these assessments?

Answer: In East London, we currently only work with the St Ann's Eating Disorder Service (provided by Barnet, Enfield and Haringey).



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a: Please provide a breakdown of all NCA spend by category across mental health services for FY24/25

Answer: Zero spend.

b: Please provide a breakdown of all NCA spend by category across mental health services for FY23/24

Answer: Zero spend.



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