



**East London**  
NHS Foundation Trust  
**Information Governance**  
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2 October 2025

**Our reference: FOI DA6247**

I am responding to your request for information received 6 September 2025. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

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We promise to work together creatively to: learn  
'what matters' to everyone, achieve a better quality  
of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Chief Executive Officer:** Lorraine Sunduza  
**Chair:** Eileen Taylor

**Request:** I am writing under the Freedom of Information Act to request information regarding the use of simulation-based training within your Trust. Specifically, I would be grateful if you could provide the following details:

**Question 1:** Does the Trust currently use simulation to train any staff groups (e.g., consultants, resident doctors, nurses, allied health professionals, etc.)?

**Answer:** Yes.

**Question 2:** If yes, what simulation methodologies are employed (e.g., role-play with actors, digital avatars, augmented reality, virtual reality, or other approaches)?

**Answer:** Role play with actors and use of cameras to run group debrief sessions post scenario.

**Question 3:** What were the initial setup costs for implementing simulation training?

**Answer:** Cost of Single Sequence-Multi Objects Training (SMOTs) simulation equipment £16,819.20.

**Question 4:** What are the ongoing annual costs, if any, associated with maintaining and delivering simulation training?

**Answer:** Actor costs £125 per day per actor (two per session – Annual cost approximately £6500.

Approximately £50 per year - we currently only provide tea and coffee.

Number of sessions and actors vary every year depending on the number of simulation sessions run.

**Question 5:** How many trainees did the Trust host in the last financial year (2024/2025) who were enrolled in training for a mental health-related profession?

**Answer:** Over 160 - numbers vary by cohorts/depending on how many trainees we have.



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