



# MEDICAL EMERGENCY TEAM LEADER COURSE

## Course outline

During the course, you will broaden your understanding and develop the skills required to:

- Become an effective and confident Team Leader by utilising non-technical skills;
- Recognise and manage the deteriorating patient using a structured ABCDE approach;
- Deliver standardised CPR in adults;
- Manage a cardiac arrest by working with a multidisciplinary team in an emergency situation.

**Places must be booked in advanced by emailing: [elft.resuscitation@nhs.net](mailto:elft.resuscitation@nhs.net)**

This course is for staff already acting in the role of DSN (Duty Senior Nurse) or NIC (Nurse in Charge). It is **not** open to any other staff group.

The day is interactive and all candidates will be expected to participate, taking on the role of both the Team Leader and team member.

As such you will be required to perform the range of skills required by resuscitation team members such as defibrillation, airway management and chest compressions.

The course is not a skills teaching session or workshop, it focuses on developing the DSN or NIC on being the Team Leader at a medical emergency. Therefore it is important that candidates are fully conversant in the delivery of all the skills required by resuscitation team members before attending the day.

Candidates are strongly advised to read the ILS manual a number of times before attending the day, and practice skills using your local training equipment where skill fade/gaps are identified.

20<sup>th</sup> Feb 2026: London

1<sup>st</sup> April 2026: Bedfordshire

3<sup>rd</sup> June 2026: London

30<sup>th</sup> Sep 2026: Bedfordshire

Course times: 09:00 - 15:00



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