

# Learning & Development Core Offer 2025

**Click on the course  
links to learn more  
and book your  
space now!**

## Elective



**Effective Interpersonal  
Communication**



**Confident Public Speaking**



**Time & Priority  
Management**



**Building Personal Resilience**



**Office365 Training**

## Leadership

recognised by the CMI

**ELFTLEAD**



**Meaningful Conversations  
- for People Leaders**



**Team Dynamics & High  
Performing Teams**



**Stakeholder Management**

## Apprenticeships



**View all ELFT Apprenticeships**

### Clinical Apprenticeships

- Nursing
- Psychology
- AHP
- Social Work
- Healthcare Support Worker

### Non-Clinical Apprenticeships

- Data
- Coaching
- Leadership & Management
- HR CIPD