



East London

NHS Foundation Trust

Information Governance

Robert Dolan House

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14 November 2025

Our reference: FOI DA6244

I am responding to your request for information received 4 September 2025. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

When an organisation receives a request for information under the Freedom of Information Act, it is allowed under the Act to apply a blanket exemption to this where it has concluded that providing a response would take in excess of eighteen hours.

When the cost of compliance and extracting information would exceed eighteen hours, a cost limit of £450 can be applied. This is explained in Section 12 of the Freedom of Information Act 2000 and is based on a rate of £25 per hour, regardless of the rate of pay of any individual involved in the retrieval of requested information, and equates to eighteen hours work.

Having reviewed your request, the Trust has noted that it would not be able to provide all the information requested within the eighteen hours specified in the Freedom of Information Act 2000. However, in this instance and to assist you, we have provided a partial response to your request as per below.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator



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If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113

Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



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Request: I am requesting the following information under the Freedom of Information Act.

In this request, I would like the statistical information provided for the most recent point in time for which data is held – that may be September 2025, or it may be an earlier month – and then corresponding information provided as of 12 months earlier than the most recent month.

So for example, if the most recent available data is for July 2025, then I would like the figures for July 2025, and then separately the corresponding figures as of July 2024. If the most recent available data is current, then I would like the figures for September 2025, and then separately the corresponding figures as of September 2024.

Question 1: Please list the different categories of mental health staff, community health staff and learning disability staff at the Trust (e.g. mental health nurses, community health nurses, psychiatrists etc)

Answer: Registered Nursing, Midwifery and Health Visiting staff
Registered/ Qualified Scientific, Therapeutic and Technical staff
Support to Clinical staff
Medical and Dental staff
Total NHS Infrastructure support staff

Question 2: Please state the FTE number of staff in each category (as listed in response to question 1) as per the Trust's full staff establishment (i.e. the total FTE number of positions in each category if there were zero vacancies)

Answer: The Trust has reviewed question 2 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:
Section 12(1) does not oblige a public authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit

The Trust has reviewed your request for information and in order to collate this information, it would be necessary to review thousands of records across multiple Trust systems. The Trust systems which report on the FTE for numbers of staff do not gather the data according to the same metrics as the categories listed. Therefore, in order to accurately determine which category or subcategory each and every staff member is considered under, determine their FTE and then calculate any additional information requested; it is estimated to take over 18 hours to review all records and collate the information requested.

Question 3: Please state the FTE number of staff in each category (as listed in response to question 1) that are currently working for the Trust on any basis (i.e. including all forms of direct and indirect arrangement in each category, in FTE terms)

Answer: The Trust has reviewed question 3 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:



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Question 4: Please state the FTE number of staff in each category (as listed in response to question 1) that are currently directly employed by the Trust (i.e. how many of the Trust's own staff are currently employed in each category, in FTE terms, therefore excluding agency, bank and locum staff)

Answer: The Trust has reviewed question 4 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:
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Question 5: Please state the FTE number of staff in each category (as listed in response to question 1) that are currently working for the Trust under arrangements other than direct employment by the Trust (i.e. how many agency, bank, locum etc staff are currently employed in each category, in FTE terms)

Answer: The Trust has reviewed question 5 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:
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Question 6: Please list the different subcategories of mental health nursing staff at the Trust (e.g. CAMHS nurse, community mental health nurse)

Answer: Community Nurse
Community Practitioner
Director of Nursing
Midwife - Manager
Modern Matron
Nurse - Advanced Practitioner
Nurse Consultant
Nurse Manager
Practice Nurse (Primary Care only)
Sister or Charge Nurse
Specialist Nurse Practitioner
Staff Nurse

Question 7: Please state the FTE number of staff in each subcategory (as listed in response to question 6) as per the Trust's full staff establishment (i.e. the total FTE number of positions in each subcategory if there were zero vacancies)

Answer: The Trust has reviewed question 7 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:
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The Trust has reviewed your request for information and in order to collate this information, it would be necessary to review thousands of records across multiple Trust systems. The Trust systems which report on the FTE for numbers of staff do not gather the data according to the same metrics as the categories listed. Therefore, in order to accurately determine which category or subcategory each and every staff member is considered under, determine their FTE and then calculate any additional information requested; it is estimated to take over 18 hours to review all records and collate the information requested.

Question 8: Please state the FTE number of staff in each subcategory (as listed in response to question 6) that are currently working for the Trust on any basis (i.e. including all forms of direct and indirect arrangement in each subcategory, in FTE terms)

Answer: The Trust has reviewed question 8 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:
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categories listed. Therefore, in order to accurately determine which category or subcategory each and every staff member is considered under, determine their FTE and then calculate any additional information requested; it is estimated to take over 18 hours to review all records and collate the information requested.

Question 9: Please state the FTE number of staff in each subcategory (as listed in response to question 6) that are currently directly employed by the Trust (i.e. how many of the Trust's own staff are currently employed in each subcategory, in FTE terms, therefore excluding agency, bank and locum staff)

Answer: The Trust has reviewed question 9 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:
Section 12(1) does not oblige a public authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit

The Trust has reviewed your request for information and in order to collate this information, it would be necessary to review thousands of records across multiple Trust systems. The Trust systems which report on the FTE for numbers of staff do not gather the data according to the same metrics as the categories listed. Therefore, in order to accurately determine which category or subcategory each and every staff member is considered under, determine their FTE and then calculate any additional information requested; it is estimated to take over 18 hours to review all records and collate the information requested.

Question 10: Please state the FTE number of staff in each subcategory (as listed in response to question 6) that are currently working for the Trust under arrangements other than direct employment by the Trust (i.e. how many agency, bank, locum etc staff are currently employed in each subcategory, in FTE terms)

Answer: The Trust has reviewed question 10 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:
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The Trust has reviewed your request for information and in order to collate this information, it would be necessary to review thousands of records across multiple Trust systems. The Trust systems which report on the FTE for numbers of staff do not gather the data according to the same metrics as the categories listed. Therefore, in order to accurately determine which category or subcategory each and every staff member is considered under, determine their FTE and then calculate any additional information requested; it is estimated to take over 18 hours to review all records and collate the information requested.

Question 11: Please list the different subcategories of psychiatrists at the Trust (e.g. general psychiatrist, old age psychiatrist, intellectual disability psychiatrist)

Answer: Associate Specialist.



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Consultant.
General Medical Practitioner.
Specialist.
Specialty Doctor.
Specialty Registrar.

Question 12: Please state the FTE number of staff in each subcategory (as listed in response to question 11) as per the Trust's full staff establishment (i.e. the total FTE number of positions in each subcategory if there were zero vacancies)

Answer: The Trust has reviewed question 12 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:
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The Trust has reviewed your request for information and in order to collate this information, it would be necessary to review thousands of records across multiple Trust systems. The Trust systems which report on the FTE for numbers of staff do not gather the data according to the same metrics as the categories listed. Therefore, in order to accurately determine which category or subcategory each and every staff member is considered under, determine their FTE and then calculate any additional information requested; it is estimated to take over 18 hours to review all records and collate the information requested.

Question 13: Please state the FTE number of staff in each subcategory (as listed in response to question 11) that are currently working for the Trust on any basis (i.e. including all forms of direct and indirect arrangement in each subcategory, in FTE terms)

Answer: The Trust has reviewed question 13 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:
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The Trust has reviewed your request for information and in order to collate this information, it would be necessary to review thousands of records across multiple Trust systems. The Trust systems which report on the FTE for numbers of staff do not gather the data according to the same metrics as the categories listed. Therefore, in order to accurately determine which category or subcategory each and every staff member is considered under, determine their FTE and then calculate any additional information requested; it is estimated to take over 18 hours to review all records and collate the information requested.

Question 14: Please state the FTE number of staff in each subcategory (as listed in response to question 11) that are currently directly employed by the Trust (i.e. how many of the Trust's own staff are currently employed in each subcategory, in FTE terms, therefore excluding agency, bank and locum staff)



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Answer: The Trust has reviewed question 14 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:
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The Trust has reviewed your request for information and in order to collate this information, it would be necessary to review thousands of records across multiple Trust systems. The Trust systems which report on the FTE for numbers of staff do not gather the data according to the same metrics as the categories listed. Therefore, in order to accurately determine which category or subcategory each and every staff member is considered under, determine their FTE and then calculate any additional information requested; it is estimated to take over 18 hours to review all records and collate the information requested.

Question 15: Please state the FTE number of staff in each subcategory (as listed in response to question 11) that are currently working for the Trust under arrangements other than direct employment by the Trust (i.e. how many agency, bank, locum etc staff are currently employed in each subcategory, in FTE terms)

Answer: The Trust has reviewed question 15 of your request for information under the Freedom of Information Act (FOI) 2000.

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Question 16: Please list the different subcategories of psychologists and psychotherapists at the Trust (e.g. counselling psychologist, child and adolescent psychotherapist, health psychologist)

Answer: Applied Psychologist – Clinical.
Applied Psychologist – Counselling.
Applied Psychologist – Forensic.
Applied Psychologist – Neuropsychologist.
Child and Adolescent Psychotherapist.
Clinical Director.
Cognitive Behavioural Therapist.
Family Therapist.
High Intensity Therapist.
Psychotherapist.
Trainee Child and Adolescent Psychotherapist.
Trainee Clinical Psychologist.
Trainee Cognitive Behavioural Therapist.



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Question 17: Please state the FTE number of staff in each subcategory (as listed in response to question 16) as per the Trust's full staff establishment (i.e. the total FTE number of positions in each subcategory if there were zero vacancies)

Answer: The Trust has reviewed question 17 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:
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The Trust has reviewed your request for information and in order to collate this information, it would be necessary to review thousands of records across multiple Trust systems. The Trust systems which report on the FTE for numbers of staff do not gather the data according to the same metrics as the categories listed. Therefore, in order to accurately determine which category or subcategory each and every staff member is considered under, determine their FTE and then calculate any additional information requested; it is estimated to take over 18 hours to review all records and collate the information requested.

Question 18: Please state the FTE number of staff in each subcategory (as listed in response to question 16) that are currently working for the Trust on any basis (i.e. including all forms of direct and indirect arrangement in each subcategory, in FTE terms)

Answer: The Trust has reviewed question 18 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:
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Question 19: Please state the FTE number of staff in each subcategory (as listed in response to question 16) that are currently directly employed by the Trust (i.e. how many of the Trust's own staff are currently employed in each subcategory, in FTE terms, therefore excluding agency, bank and locum staff)

Answer: The Trust has reviewed question 19 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:



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Question 20: Please state the FTE number of staff in each subcategory (as listed in response to question 16) that are currently working for the Trust under arrangements other than direct employment by the Trust (i.e. how many agency, bank, locum etc staff are currently employed in each subcategory, in FTE terms)

Answer: The Trust has reviewed question 20 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:
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Question 21: Please list the different subcategories of therapists at the Trust whose roles relate to mental health and/or learning disabilities (e.g. speech and language therapist, occupational therapist, music therapist), excluding those therapists already covered in questions 16-20

Answer:

- Art Therapist
- Art Therapist Manager
- Art Therapist Specialist Practitioner
- Multi Therapist
- Multi Therapist Manager
- Multi Therapist Specialist Practitioner
- Music Therapist
- Occupational Therapist
- Occupational Therapist Advanced Practitioner
- Occupational Therapist Manager
- Occupational Therapy Specialist Practitioner
- Physiotherapist
- Physiotherapist Manager
- Physiotherapist Specialist Practitioner
- Speech and Language Therapist
- Speech and Language Therapist Manager



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Question 22: Please state the FTE number of staff in each subcategory (as listed in response to question 21) as per the Trust's full staff establishment (i.e. the total FTE number of positions in each subcategory if there were zero vacancies)

Answer: The Trust has reviewed question 22 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:
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Question 23: Please state the FTE number of staff in each subcategory (as listed in response to question 21) that are currently working for the Trust on any basis (i.e. including all forms of direct and indirect arrangement in each subcategory, in FTE terms)

Answer: The Trust has reviewed question 23 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:
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Question 24: Please state the FTE number of staff in each subcategory (as listed in response to question 21) that are currently directly employed by the Trust (i.e. how many of the Trust's own staff are currently employed in each subcategory, in FTE terms, therefore excluding agency, bank and locum staff)

Answer: The Trust has reviewed question 24 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:



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Question 25: Please state the FTE number of staff in each subcategory (as listed in response to question 21) that are currently working for the Trust under arrangements other than direct employment by the Trust (i.e. how many agency, bank, locum etc staff are currently employed in each subcategory, in FTE terms)

Answer: The Trust has reviewed question 25 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 12(1) of the Freedom of Information Act 2000 states:
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