



East London
NHS Foundation Trust
Information Governance
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7 November 2025

Our reference: FOI DA6318

I am responding to your request for information received 19 October 2025. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



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'what matters' to everyone, achieve a better quality
of life and continuously improve our services.
We care . We respect . We are inclusive

Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request: Please provide the following information relating to your Trust's use of electro-convulsive therapy for the period between 1 January 2024, to 31 December 2024:

Question 1: Treatments delivered by consent status, specifically including the number of treatments given to

a) those incapable of consenting, but ECT authorised where patient resists or objects (under Mental Health Act Section 58A), and

b) those incapable of consenting, but ECT authorised where a patient does not resist or object (under Mental Health Act Section 58A).

If information with this distinction is unavailable, please simply provide it for the number of treatments where a patient did not consent.

Please confirm the number of patients this pertains to for this period.

Please also separate this information out by age, gender, and IMD decile (or if not possible, quintile).

Answer: The Trust has reviewed your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record when a patient resists ECT if they were judged to be incapable. The Trust therefore does not hold this information and is unable to provide a response.

Section 16(1) of the Freedom of Information Act 2000 states:

Section 16 (1) It shall be the duty of a public authority to provide advice and assistance, so far as it would be reasonable to expect the authority to do so, to persons who propose to make, or have made, requests for information to it.

Under Section 16 of the Freedom of Information Act, the Trust has a duty to provide a reasonable level of advice and assistance. As such, the Trust can disclose the following information to assist you with your request.

Within the calendar year of 2024, 172 out of 397 ECT treatments were delivered with consent given. For 160 of these 172 treatments, the patient was judged to be incapable of giving consent. ECT treatment was not given to any capable patients who refused consent. This relates to 39 patients. Please see below for the number of patients given ECT, broken down by age group, gender and the index of deprivation:

Please see tables below:

Age Group	Number of Patients given ECT treatment
16-25	2
26-39	5
40-54	12
55-64	5



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65 or over	15
Grand Total	39

Gender	Number of Patients given ECT treatment
Female	23
Male	16
Grand Total	39

Index of Deprivation	Number of Patients given ECT treatment
2	4
3	7
4	7
5	5
6	2
7	1
8	4
9	5
10	3
(blank)	1
Grand Total	39



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