



East London
NHS Foundation Trust
Information Governance
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17 November 2025

Our reference: FOI DA6334

I am responding to your request for information received 29 October 2025. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

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'what matters' to everyone, achieve a better quality
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Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request: I would like to request the following information relating to Vivienne Cohen House and the Hackney Marshes Neighbourhood Team:

Question 1: Confirmation of whether these services have had any training relating to Premenstrual Dysphoric Disorder (PMDD) in the past 2 years.

Answer: PMDD-specific training is not a mandatory requirement within the service. However, the Trust's Academic Afternoon teaching programme for doctors has included a session covering PMDD within the past two years. Resident doctors would have attended this session.

Question 2: If so, copies of training documents, workshops or e-learning modules and any strategies in place relating to it in the past 2 years (as well as titles, dates, providers of such training, and target staff groups).

Answer: The available training materials relating to PMDD are included in the attached documents. These consist of the slide deck and accompanying resources from the Trust-wide Academic Afternoon teaching session referenced above. These materials contain the educational content delivered to medical staff. No additional PMDD-specific workshops or e-learning modules have been identified.

Please see Appendix 1

Question 3: Any clinical guidelines, protocols, or care pathways used by the service that reference PMDD.

Answer: The service does not hold separate internal guidelines, protocols, or care pathways specifically relating to PMDD. The management section contained within Appendix 1 of the PMDD presentations reflects the standard management recommendations used in clinical practice and represents the guidance followed within the service.

Question 4: Whether any audit or evaluation has been done to measure how often PMDD is identified or diagnosed.

Answer: No audits or evaluations have been undertaken within the given services to measure the frequency of PMDD identification or diagnosis.

Question 5: Whether the services refers to or works with any specialist PMDD or women's health teams.

Answer: There is currently no formal referral pathway or specific service provision for PMDD within the teams. Where clinically indicated, cases can be discussed through existing internal processes, including multidisciplinary complex case discussions and consultant-led complex case reviews.



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