



**East London**  
NHS Foundation Trust  
**Information Governance**  
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21 November 2025

**Our reference: FOI DA6339**

I am responding to your request for information received 31 October 2025. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

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We promise to work together creatively to: learn  
'what matters' to everyone, achieve a better quality  
of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Chief Executive Officer:** Lorraine Sunduza  
**Chair:** Eileen Taylor

**Request:**

- Question 1:** Please provide statistics showing the number of children and young people (under 18 years old) referred to Child and Adolescent Mental Health Services (CAMHS) during the following time periods:
- a) October 2024 – October 2025
  - b) October 2023 – October 2024
  - c) October 2022 – October 2023
  - d) October 2021 – October 2022
  - e) October 2020 – October 2021

**Answer:** Please see table below:

| Year of referral               | Total number of CAMHS referrals |
|--------------------------------|---------------------------------|
| October 2020 – September 2021* | 17,891                          |
| October 2021 – September 2022* | 19,161                          |
| October 2022 – September 2023* | 19,068                          |
| October 2023 – September 2024* | 19,812                          |
| October 2024 – September 2025* | 20,521                          |
| Grand Total                    | 94,470                          |

\*Date range is reported to end of September for each year to avoid double counting of October months in each line.

- Question 2:** In addition, please provide, for each of the above time periods:
- a) The average waiting time (in weeks) from referral to first assessment within CAMHS.
  - b) The average waiting time (in weeks) from first assessment to the start of treatment.
  - c) The longest recorded waiting time from referral to the start of treatment during each period.

**Answer:** The Trust has reviewed your request for information under the Freedom of Information Act (FOI) 2000.  
Section 1(1) of the Freedom of Information Act 2000 states:  
*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record waiting lists from previous years as requested as the Trust systems can only provide current snapshot information regarding waiting lists. The Trust is therefore unable to provide a response.



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