



**East London**

NHS Foundation Trust

**Information Governance**

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27 November 2025

**Our reference: FOI DA6360**

I am responding to your request for information received 20 November 2025 and clarified 21 November. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

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We promise to work together creatively to: learn  
'what matters' to everyone, achieve a better quality  
of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Chief Executive Officer:** Lorraine Sunduza  
**Chair:** Eileen Taylor

**Request:** Under the Freedom of Information Act 2000, I would like to request the following information regarding eating disorder services at your Trust.

Please provide data for 2024/25, and 2019/20:

**Question 1:** Number of referrals received to your eating disorder service, broken down by:

- Adults (18+)
- Children & young people (under 18)

**Answer:** Please see table below:

Patient Category	Number of referrals received for eating disorder service in 2024/25	Number of referrals received for eating disorder service in 2019/20
Adult	914	<p>The Trust has reviewed your request for information under the Freedom of Information Act (FOI) 2000.</p> <p>Section 21(1) of the FOI Act states: <i>(1) Information which is reasonably accessible to the applicant otherwise than under section 1 is exempt information.</i></p> <p>The information requested is accessible here:</p> <p>Question 1:</p> <p><a href="https://www.elft.nhs.uk/sites/default/files/2023-10/ANON%20Response%20-%20FOI%20DA4997.pdf">https://www.elft.nhs.uk/sites/default/files/2023-10/ANON%20Response%20-%20FOI%20DA4997.pdf</a></p>
Children	449	<p>The Trust has reviewed your request for information under the Freedom of Information Act (FOI) 2000.</p> <p>Section 21(1) of the FOI Act states: <i>(1) Information which is reasonably accessible to the applicant otherwise than under section 1 is exempt information.</i></p> <p>The information requested is accessible here:</p> <p>Question 1:</p> <p><a href="https://www.elft.nhs.uk/sites/default/files/2023-08/ANON%20Response%20-%20FOI%20DA4883.pdf">https://www.elft.nhs.uk/sites/default/files/2023-08/ANON%20Response%20-%20FOI%20DA4883.pdf</a></p>

**Question 2:** Number of patients currently on the waiting list

**Clarification:** For both adults and children.

**Answer:** Adults: 97 patients.  
Children: 23 patients.



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