



**East London**  
NHS Foundation Trust  
**Information Governance**  
Robert Dolan House  
9 Alie Street  
London  
E1 8DE

**Email** [elft.foi@nhs.net](mailto:elft.foi@nhs.net)  
**Website:** <https://www.elft.nhs.uk>

25 November 2025

**Our reference: FOI DA6362**

I am responding to your request for information received 21 November 2025. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

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We promise to work together creatively to: learn  
'what matters' to everyone, achieve a better quality  
of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Chief Executive Officer:** Lorraine Sunduza  
**Chair:** Eileen Taylor

**Request:** We are trying to find out if this has increased productivity levels of social inclusion or reduce social exclusion cross pollination of skills how this is developed social capital and productivity

**Question 1:** Also wondering does different employers offer volunteering days as part of employment

If there's any details you could possibly have or any previous studies done on this we would greatly appreciate them

**Answer:** The Trust has reviewed question 1 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and*

*(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested and is therefore unable to provide a response.

**Question 2:** How many NHS staff have taken on volunteering?

**Answer:** Zero staff.

**Question 3:** How many NHS staff volunteer as trustees?

**Answer:** No NHS staff have volunteered as Trustees. The ELFT Board of Directors is the Corporate Trustee for the ELFT-Charity; and there are no individual Trustees.

**Question 4:** Volunteering to wellbeing: are employers (NHS Trusts) encouraging volunteering?

**Answer:** Yes the Trust does encourage volunteering. Please see links below:

<https://www.elft.nhs.uk/sites/default/files/2022-06/Introductory%20Guide%20for%20Volunteers%202022.pdf>

<https://www.elft.nhs.uk/get-involved/elft-volunteer-service>

**Question 5:** What are the benefits of having protected staffs volunteering days?

**Answer:** The Trust has reviewed question 5 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

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**Question 6:** Are there any NHS trusts doing it and doing it well?



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Answer: The Trust has reviewed question 5 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

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(b) if that is the case, to have that information communicated to them.*

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**Question 7: What was the impact on their health and wellbeing, sickness day, productivity, team moral, knowledge?**

Answer: The Trust has reviewed question 6 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

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(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

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**Question 8: What are corporations saying?**

Answer: The Trust has reviewed question 7 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

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