



East London

**NHS Foundation Trust
Information Governance**

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6th January 2026

Our reference: FOI DA6161

I am responding to your request for information received 21 July 2025. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

FOI Team

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

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'what matters' to everyone, achieve a better quality
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Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request: Under the Freedom of Information Act, I am writing to request information about adult mental health services in High Secure Units (HSUs), Medium Secure Units (MSUs), Low Secure Units (LSUs) and Psychiatric Intensive Care Units (PICUs) - specifically where these services fall under adult mental health commissioning (excluding learning disability or other non-mental health pathways).

From what I have read, services may be commissioned under a combination of spot contracts, out-of-area (OOA) placements, and block contracts, depending on the service type and provider. I am seeking to better understand the structure of commissioning and the associated payment flows.

Please provide the information separately for the financial years 2024/25 and 2025/26 Year to Date (YTD) for the following:

Question 1: Spot Contracts (excluding OOA)

- Total income (in £) on spot-priced adult mental health patients
- Total number of adult mental health bed days commissioned
- Average fee (in £) per bed day

Answer: Please see Appendix 1 attached.

Question 2: OOA Contracts

- Total income (in £) on out-of-area adult mental health patients
- Total number of adult mental health bed days commissioned
- Average fee (in £) per bed day

Answer: Please see Appendix 1 attached.

Question 3: Block Contracts

- Total value (in £) of the block contract obtained for adult mental health services
- Total adult mental health bed days commissioned under the block by type (HSUs, MSUs, LSUs, PICUs)
- Average fee (in £) per bed day under the block

Answer: Please see Appendix 1 attached.

Question 4: If breakdown by 1, 2, 3 not available, please provide aggregate figures for adult mental health services only:

- a) Total cost (in £) of delivering care for adults for each service type
- b) Total number of adult bed days delivered for each service type
- c) Average cost (in £) per occupied bed day (or per week) for adults for each service type

Answer: Please see Appendix 1 attached.



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