

19th December 2025

Our reference: FOI DA6371

I am responding to your request for information received 28th November 2025. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Freedom Of Information Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



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Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request: Autistic children admitted as inpatients within Tier 4 mental health units.

Question 1: Please could you provide me with the number of admissions of autistic children at Brookside Adolescent Unit between 1st October 2024 and 1st October 2025?

By "number of admissions," I refer to the total number of individual admissions meaning that if the same child was admitted more than once during this period, each admission should be counted separately.

By "admissions of autistic children," I refer specifically to those admitted solely because of their autism, and not due to any other mental health condition.

Answer: The Trust has reviewed question 1 of your request for information under the Freedom of Information Act (FOI) 2000.

*Section 1(1) of the Freedom of Information Act 2000 states:
Any person making a request for information to a public authority is entitled—*

- (a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and*
- (b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust is primarily a Mental Health and Community Health Trust and as such does not provide any services to Brookside Adolescent Unit. The Trust is therefore unable to provide a response.

Brookside Adolescent is run by North East London Foundation Trust (NELFT). Further information can be requested from NELFT by contacting foi@nelft.nhs.uk



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