

# OCCUPATIONAL THERAPY SCHOOL NOTICEBOARD



UPDATES FOR HUB 1  
DECEMBER 2025



## Announcements

### Greetings & Thanks

**Hello from your Hub Team!**

**Hub 1 Schools, keep an eye out for MAIREAD, CHEYENNE, GIA, DUMIDU, FALLON. You may spot us in your school corridors or see a friendly email land in your inbox. We're always happy to connect, support, and collaborate in ways that work best for your school community.**

**A special thank you to the schools who have organised staff training, particularly School 21—and to those who have invited us to attend parent coffee mornings, creating valuable opportunities for connection and support.**

### Hub Line

**We are always reachable via Hubline, and we would like to thank the schools who have contacted us and continue to engage with our service.**

### EHCP OT Part F provision

**Please get in touch with the local authority SEND team if you have a child who has OT provision in their EHCP which needs to be delivered.**



## Bringing OT Into Schools

**A huge thank you to all the schools, SENCOs, staff, and parents we've worked with this term! We've loved visiting you, delivering training sessions.**

**We would like to extend a heartfelt thank you to Carpenter's for hosting our recent parent coaching workshops. It was a pleasure to work alongside your community, and we look forward to future collaborations, including the opportunity to deliver tailored training sessions for schools and staff.**

**Finally, we would like to express our sincere thanks to JFK and Colegrave for always welcoming us so warmly and for allowing us the opportunity to come in and work directly with the children. Your ongoing support and partnership mean a great deal to us.**

## Fun with Food Offer

**The aim of our FWF offer is to provide children with fussy eating behaviours a fun, structured and non-threatening environment to explore and learn about food through play.**

**This approach aims to desensitise them to the sensory properties of food, build confidence and skills, and support their ability to engage with food in daily routines and mealtimes. Ultimately, creating positive and fun experiences around food. Below we have amazing feedback from children and staff.**

**Some staff in schools have said they found this group "fun and easy to run".**

**Another staff member said these sessions are "useful and informative for the children and even some staff".**

### A FWF success story:

**A pupil who even struggled to sit at the table with certain foods, later felt confident to sit and began feeding a carrot to a TA! Ending in a positive experience for the child.**

## EXAMPLES OF MESSY PLAY WITH FOOD



## Contacting Us

### Hub Line Changes

This is now available on  
**Tuesdays and Thursdays**  
from 3:00 PM – 5:00 PM.

On the hub line you will be able to speak to a member of the OT team to discuss any **functional concerns** or potential referrals.

They will direct you to appropriate universal resources or signpost you onwards.

**Please note: this is not a direct referral line.**

For complex cases,  
please contact your Hub OT Team via Hubline

### *Education Pack Updates:*

We have updated our education resource pack, which can be accessed by visiting our schools webpage or follow the QR Code



### *Feedback forms:*

SENCO's we'd love to hear from you, please scan the QR code to complete our feedback form. Your input helps us to continue to provide the best service for children and families.



## Universal Resources

We have an excellent bank of resources available on our website and YouTube channel which provide strategies and approaches to help with a range of difficulties. Please note, our School hub line times have changed, listed below are the new hours.

### OT Website:

<https://www.elft.nhs.uk/scypps/ourservices/occupational-therapy>



### Schools webpage:

<https://www.elft.nhs.uk/scypps/ourservices/occupational-therapy/bringing-otschools>



### Sensory zone webpage:

<https://www.elft.nhs.uk/scypps/our-services/occupational-therapy/our-sensory-zone>

### Youtube Channel:

<https://www.youtube.com/channel/UCK3uhZWJh8SocdtJVlwt9Fg>

### School Hub Line:

Tel: 020 8586 6266

Tuesday 3:00pm – 5:00pm

Thursday 3:00pm – 5:00pm

