



East London
NHS Foundation Trust
Information Governance
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12th February 2026

Our reference: FOI DA6307

We are responding to your request for information received 14th October 2025. We are sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

We are now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact us on the contact details above if you have any further queries.

Yours sincerely,

FOI Team

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



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Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request: The purpose of this request is to gather data on Binge Eating Disorder (BED). Specifically, I am seeking anonymised data on the following for each of the past five calendar years:

Question 1: How many patients have been referred to or visited your trust for treatment where they have been assessed as meeting the diagnostic criteria for Binge Eating Disorder (BED) (e.g. ICD-10 code F50.81 or equivalent) 2020, 2021, 2022, 2023, 2024 and partial data for 2025 if available

Answer: Please see appendix 1 attached.

Question 2: For patients referred for Binge Eating Disorder (BED), please provide the number of patients seen within the following waiting time bands from referral to first appointment:

- 0–4 weeks
- 5–8 weeks
- 9–12 weeks
- Over 12 weeks

If this data is not held specifically for BED referrals, please provide the equivalent waiting time data for referrals under eating disorders more generally.

Answer: Please see appendix 1 attached.

Question 3: If available, please provide the total cost of treatment or service provision where Binge Eating Disorder (BED) was the recorded diagnosis, or otherwise, the total annual cost of eating disorder services, broken down by year

- 2020, 2021, 2022, 2023, 2024 and partial data for 2025 if available

If providing the annual cost of eating disorder services, please confirm and provide clarification on whether BED is included in this figure.

Answer: The Trust has reviewed question 3 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.

East London NHS Foundation Trust does not record the information requested, as the Trust does not capture data at a level of granularity where Binge Eating Disorder (BED) is the recorded diagnosis, and is therefore unable to provide a response.

Section 16(1) of the Freedom of Information Act 2000 states:

Section 16 (1) It shall be the duty of a public authority to provide advice and assistance, so far as it would be reasonable to expect the authority to do so, to persons who propose to make, or have made, requests for information to it.

Under Section 16 of the Freedom of Information Act, the Trust has a duty to provide a reasonable level of advice and assistance.

As such, the Trust can disclose the following information to assist you with your request. Please see attached Appendix 1 for the total annual cost of eating disorder services from 2020 to 2025, excluding North East London



services from 2020 to part of 2022, as the service was not established during that period.



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