

Bedfordshire & Luton Eating Disorders Working Together Group (WTG)

This group was established in January 2020 following a “journey mapping” exercise.

We Need You

Are you:

- A service user or ex-service user?
- A carer/family member?

You are invited to join us and help shape and improve more effective approach to eating disorder support.

Meetings:

Once a month, every last Wednesday of the month. Time: 4pm - 5pm.

Location Online via Microsoft Teams, with an in-person (optional) session once per quarter - Grove View Integrated Health Hub, Court Drive, Dunstable, Bedfordshire, LU5 4JD
Email us to express your interest: elft.iandp@nhs.net or call : (01582) 293333
Expectations: This is a drop-in meeting. Everyone is welcome to attend as they can.

Testimonials

“Being part of the group has been my most empowering experience in 25 years of caring for our daughter within NHS services. It has been enjoyable and I have felt listened to and respected.”

(Carer/Family)

“I joined this group when I was having treatment with ‘Caraline’, and was amazed at the impact it has. Everyone’s voice is listened to, and we’ve been able to produce resources and provide training that raise the awareness of eating disorders and improves the experiences of those having treatment.”

(Ex-service user/Peer support worker)

“I feel like I am able to give back after all the support I had from the service. It's humbling to know my life experience can maybe help someone else in the future.”

(Service user)