



**East London**  
NHS Foundation Trust  
**Information Governance**  
Robert Dolan House  
9 Alie Street  
London  
E1 8DE

**Email** [elft.foi@nhs.net](mailto:elft.foi@nhs.net)  
**Website:** <https://www.elft.nhs.uk>

18<sup>th</sup> February 2026

**Our reference: FOI DA6411**

We are responding to your request for information received 6<sup>th</sup> January 2026. We are sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

We are now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact us on the contact details above if you have any further queries.

Yours sincerely,

FOI team

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

**Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention**



We promise to work together creatively to: learn 'what matters' to everyone, achieve a better quality of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Chief Executive Officer:** Lorraine Sunduza  
**Chair:** Eileen Taylor

**Request:**  
**Service Provision**

**Question 1:** Does your Trust currently provide any clinical or non-clinical services that explicitly address any of the following (e.g., within sexual health, mental health, addiction, or emergency care settings) (please put an X for Yes or No for each):

Reference	Yes	No	b. If Yes, please describe the nature of each of these services (e.g. dedicated chemsex clinic, integrated support within substance use or sexual health services or other). If you have more than one service for one item, please specify the nature of each service.	c. If Yes, please provide any documents, guidelines or websites/URLs for each of these services
Chemsex				
Sexualised drug use				
Gamma-hydroxybutyrate (GHB) / gamma-butyrolactone (GBL) use				
Crystal methamphetamine use				
Mephedrone use				
LGBTQ+ health issues				

**Answer:** The Trust has reviewed question 1 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:  
*Any person making a request for information to a public authority is entitled—*  
*(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and*  
*(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested and is therefore unable to provide a response.



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## Referrals and Care Pathways

**Question 2:** Does your Trust have an established referral pathway or protocol for patients identified as engaging in any of the following (please put an X for Yes or No for each):

Reference	Yes	No	b. If Yes, please say which departments are involved in these pathways (e.g. sexual health, mental health, A&E, drug and alcohol teams etc). If you have more than one pathway for one item, please specify the departments for each.	c. If Yes, please provide any documents, guidelines or protocols that refer to, or describe, such pathways.
Chemsex				
Sexualised drug use				
Gamma-hydroxybutyrate (GHB) / gamma-butyrolactone (GBL) use				
Crystal methamphetamine use				
Mephedrone use				

- Are there any formal partnerships with external or community-based organisations that provides care or services specifically for LGBTQ+ or individuals that participate in chemsex, sexualised drug use or use of GHB/GBL, meth or mephedrone (e.g. Controlling Chemsex, Terrence Higgins Trust, London Friend)? Please state Yes or No.
- If yes to question 2d, please 1) state all external or community-based organisations that your trust has a formal partnership with and please 2) provide any documents, guidelines or protocols that refer to, or describe, these partnerships.

**Answer:** The Trust has reviewed question 2 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

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## Workforce and Training

**Question 3:** Have any staff received training specifically relating to chemsex, sexualised drug use or LGBTQ+ needs in the last 3 years? Please state Yes or No.

- If yes to question 3a, please state:
  - The type of staff trained (e.g. clinicians, counsellors, health advisers)
  - For what services the training was provided for
  - The name(s) of the training provider(s) and any relevant documents or website/URL
  - The approximate number of staff trained

Answer: No

## Monitoring and Evaluation

**Question 4:** Does your Trust collect data on the number of service users presenting with issues related to chemsex or sexualised drug use? Please state Yes or No.

- If yes to question 4a, please provide available data (by year, from 2020 to present) on:
  - Number of individuals assessed or treated
  - Type of service accessed (e.g., sexual health, A&E, mental health)
  - Any outcome measures collected (if available)

Answer: No



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