



East London
NHS Foundation Trust
Information Governance
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13th February 2026

Our reference: FOI DA6422

We are responding to your request for information received 9th January 2026. We are sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

We are now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact us on the contact details above if you have any further queries.

Yours sincerely,

FOI Team

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



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Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request:

Please provide the following information under the freedom of information act and reply by email. It relates to Pre-menstrual dysphoric disorder.

**Question 1: How many patients have you seen where PMDD is a suspected factor?
2020/21/22/23/24/25**

Please break this information down by calendar year where possible. If that's not possible, financial year or other formats will suffice.

Answer: The Trust has reviewed question 1 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record suspected factors related to PMDD, only actual diagnoses, and is therefore unable to provide a response.

**Question 2: How many patients have you seen where PMDD is a diagnosed factor?
2020/21/22/23/24/25**

Please break this information down by calendar year where possible. If that's not possible, financial year or other formats will suffice.

Answer: The Trust is only able to provide this information by financial year, as it is not captured by calendar year. See table below:

FinancialYear	Total patients seen with a PMDD diagnosis
2020/2021	86
2021/2022	62
2022/2023	83
2023/2024	94
2024/2025	140



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