



East London
NHS Foundation Trust
Information Governance
Robert Dolan House
9 Alie Street
London
E1 8DE

Email elft.foi@nhs.net
Website: <https://www.elft.nhs.uk>

19th February 2026

Our reference: FOI DA6434

We are responding to your request for information received 19th January 2026. We are sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

We are now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact us on the contact details above if you have any further queries.

Yours sincerely,

FOI Team

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



We promise to work together creatively to: learn 'what matters' to everyone, achieve a better quality of life and continuously improve our services.
We care . We respect . We are inclusive

Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request:

For the purposes of this request:

- “Adult” refers to patients aged 18 and over.
- “Adult acute bed” refers to general adult acute mental health inpatient wards and excludes specialist services (e.g. PICU, forensic, CAMHS, learning disability, older adults, rehabilitation, or long-stay wards), unless these are routinely classified by your Trust as adult acute.
- The reporting period is the last 18 months from the date of this request, unless otherwise stated.

If possible, I would appreciate the data provided in aggregate form (e.g. total numbers and averages)

Question 1: Length of stay over 12 months

In the last 18 months, how many adult patients detained under the Mental Health Act have had a length of stay exceeding 12 months in an adult acute bed within the Trust?

(Please note: the date of admission may fall outside the 18-month reporting period.)

Answer: 50 service users have had a length of stay over 12 months.

Question 2: Multiple admissions

In the last 18 months, how many adult patients have had three or more admissions (i.e. re-admitted two times or more) to an adult acute bed within the Trust?

Answer: 62 service users have had three or more admissions.

Question 3: Average length of stay

In the last 18 months, what is the average length of stay for adult patients admitted to adult acute wards within the Trust?

Answer: Average length of stay is 79.5 days.



We promise to work together creatively to: learn 'what matters' to everyone, achieve a better quality of life and continuously improve our services.
We care . We respect . We are inclusive

Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor