



East London
NHS Foundation Trust
Information Governance
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26/01/2026

Our reference: FOI DA6445

I am responding to your request for information received 23rd January 2026. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



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Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request:

Definitions (to support consistent reporting):

- “Adult” means patients aged 18 years or over.
- “Right to Choose (RTC)” refers to NHS patient choice arrangements under the NHS Constitution where an eligible patient is referred for an NHS-funded assessment with an alternative provider.
- “ADHD diagnostic assessments via RTC” refers to NHS-funded ADHD diagnostic assessments commissioned by your ICB and delivered by external providers under RTC arrangements.

Question 1: Commissioned activity volumes

For adults requiring an ADHD diagnostic assessment, how many assessments are currently commissioned by your ICB to be delivered via Right to Choose:

- a) On an ongoing basis (e.g. a contracted number per month and/or per financial year)?**
- b) As part of any time-limited plan (e.g. an agreed number to be completed by a specified date)?**

Answer: The Trust has reviewed question 1 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.

East London NHS Foundation Trust is not an ICB and is therefore unable to provide a response.

To provide advice and assistance, the Freedom of Information departments within North East London (NEL) and Bedford, Luton and Milton Keynes (BLMK) ICBs may be able to assist with your request. Their contact details are as follows:

NEL ICB - nelondonicb.foi@nhs.net

BLMK ICB - blmkicb.contactus@nhs.net

Question 2: Actual activity delivered

How many adult ADHD diagnostic assessments via RTC were actually completed for your ICB population in:

- a) Financial year 2024/25 (or the most recent completed financial year available)**
- b) Calendar year 2025 (if held)**

Answer: The Trust has reviewed question 2 of your request for information under the Freedom of Information Act (FOI) 2000.

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(b) if that is the case, to have that information communicated to them.

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Question 3: Annual spend

What was the total spend by your ICB on adult ADHD diagnostic assessments delivered via RTC in:

a) Financial year 2024/25 (or the most recent completed financial year available)

Please state whether this includes assessment-only, follow-up appointments, and/or any additional costs (e.g. admin fees).

Answer: The Trust has reviewed question 3 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

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Question 4: RTC provider landscape

How many external providers (organisations/companies) delivered NHS-funded adult ADHD diagnostic assessments via RTC for your ICB in the most recent completed financial year?

Please provide the name of each provider (if held).

Answer: The Trust has reviewed question 4 of your request for information under the Freedom of Information Act (FOI) 2000.

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Question 5: Regulation / CQC registration

For each provider delivering adult ADHD diagnostic assessments via RTC, please confirm whether they are CQC registered for the regulated activity(ies) relevant to the service they deliver (or confirm how many are CQC registered if provider-level details cannot be disclosed).

Answer: The Trust has reviewed question 5 of your request for information under the Freedom of Information Act (FOI) 2000.

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Question 6: Assessor competence / quality assurance information requested by the ICB

What information does your ICB require or receive from RTC providers regarding assessor competence, including (where available):

- a) Professional qualifications / registration status of assessors**
- b) ADHD-specific diagnostic training (e.g. UKAAN or equivalent)**
- c) Relevant experience in ADHD diagnostic assessments (e.g. years or volume of assessments)**
- d) Clinical supervision arrangements**
- e) Governance / quality assurance processes (e.g. audit, clinical oversight, peer review)**



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A brief description of what is required/received is sufficient.

Answer The Trust has reviewed question 6 of your request for information under the Freedom of Information Act (FOI) 2000.

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Question 7: Outcome and reporting expectations (if held)
Do RTC providers report any of the following to your ICB? If yes, please state which metrics are collected:
a) Diagnostic outcome rates (ADHD diagnosed vs not diagnosed)
b) Waiting times (referral to assessment, assessment to outcome)
c) DNA/cancellation rates
d) Patient experience measures

Answer The Trust has reviewed question 7 of your request for information under the Freedom of Information Act (FOI) 2000.

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