



East London
NHS Foundation Trust
Information Governance
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Website: <https://www.elft.nhs.uk>

9th April 2026

Our reference: FOI DA6481

We are responding to your request for information received 16th February 2026. We are sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

We are now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact us on the contact details above if you have any further queries.

Yours sincerely,

FOI Team

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



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Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request:

Please provide details on the Trust's provision of ADHD, Autism, and CAMHS therapy services across Children's and Adults' pathways.

1. Service Availability

Question 1: For each of the services below, please confirm whether the Trust directly provides the service, commissions it externally, or does not provide it:

Children's Services

- Children's ADHD assessments
- Children's Autism assessments
- CAMHS therapy services (please specify the therapy types delivered: e.g. CBT, family therapy, psychotherapy, group interventions, etc.)

Adult Services

- Adult ADHD assessments
- Adult Autism assessments

Answer: Children's ADHD assessments – Not provided
Children's Autism assessments – Directly provided / commissions it externally

- A small number of Childrens ASD services are provided by a third party- Healios

CAMHS therapy services – Directly provided, services listed at <https://www.elft.nhs.uk/camhs>
Adult ADHD assessments – Directly provided
Adult Autism assessments – Directly provided

Question 2: Responsible Team

For each service that is provided or commissioned, please confirm:

- The team name responsible for delivering or overseeing the service.
- The directorate, care group, or division under which the service sits.

Answer: Children's Autism assessments – CAMHS (details available at <https://www.elft.nhs.uk/camhs>)

- A small number of Childrens ASD services are provided by a third party- Healios

CAMHS therapy services – CAMHS (details available at <https://www.elft.nhs.uk/camhs>)
Adult ADHD assessments – Adult ADHD service (details available at <https://www.elft.nhs.uk/adult-adhd-services/assessment-process>)
Adult Autism assessments – Adult Autism Diagnostic Services (details available at <https://www.elft.nhs.uk/adult-autism-diagnostic-services/assessment-process>)

Question 3: Waiting List Ownership

For each service, please provide:

- The job title (and name, if permissible) of the individual responsible for managing or overseeing the waiting list.



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- **Whether the waiting list is managed internally by the Trust or by an external commissioned provider.**

Answer: For most services, the waiting list is managed internally by the Trust. The waiting lists are managed by each of the service leads in each Borough.

- A small number of Childrens ASD services are provided by a third party- Healios

Question 4: Additional Context (If Available)

Where possible, please also share:

- **Whether the service is delivered in-house, through an external partner, or via a mixed model.**
- **Any published pathway documents, service specifications, or summaries relating to ADHD, Autism, or CAMHS therapies.**

Answer: In-house service

The Trust has reviewed question 4 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 21(1) of the FOI Act states:

(1) Information which is reasonably accessible to the applicant otherwise than under section 1 is exempt information.

The information requested is accessible here:

<https://www.elft.nhs.uk/sites/default/files/2025-10/Transitions%20Policy%202.5.docx>

<https://www.elft.nhs.uk/intranet/documents/blmk-adhd-shared-care-guideline-adults>

<https://www.elft.nhs.uk/intranet/documents/nel-adhd-shared-care-guideline-children-and-young-people>

<https://www.elft.nhs.uk/camhs>

<https://www.elft.nhs.uk/sites/default/files/2025-09/DNAWNB%20Policy%206.0.docx>



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