

East London Recovery College



East London
NHS Foundation Trust

0207 426 2332

ELFT.ELRC@NHS.NET

86 OLD MONTAGUE ST, E1 5NN

June 2026 – Edition 3

Your Say, Your Day

We've loved meeting so many of you at our 12 "Your Say, Your Day" events across City and Hackney, Newham and Tower Hamlets – thank you for sharing your ideas and helping us shape the new East London Recovery College.

We're now going through everything you told us to create our new prospectus, which we're excited to launch in mid-July. We'll also be hosting open days in each area, with new venues, courses and workshops to explore.

This is just the start though – we're always listening, learning and adapting to make sure we meet the needs of our communities.

We'd really love to hear from even more of you, so please join our online "Your Say, Your Day" session on Thursday 2 July, 5:30–7pm via Zoom – and keep an eye on your emails for all the latest updates. Sign up to our mailing list to keep up to date.



City & Hackney, Newham and Tower Hamlets Recovery Colleges Become One

The Recovery Colleges across City & Hackney, Newham and Tower Hamlets have merged to form the East London Recovery College, effective from 1 April 2026. The new central base is at 86 Old Montague Street, Whitechapel, London E1 5NN. We will continue to offer free, recovery-focused courses across all three boroughs, co-designed and delivered by people with lived experience. While staff will now be based in one central location when not delivering sessions, our strong community focus remains unchanged.



Advanced Peer Tutor Training and What's Next

We have just finished the Advanced Peer Tutor Training and saw some amazing presentations. This month we are so looking forward to co-producing the courses that we plan for Peer Tutors to teach in the summer term.



Individual Learning Plans (ILP)

The Liaison and Individual Learning Plan team will be offering individual learning plans (ILP's) to all students of ELRC. Over the last while, the team have been busy creating connections with the inpatient wards in Mile End, Newham and City & Hackney Centres for Mental health. It has been really wonderful for the team to meet with new professionals and students across the boroughs. The ILP team will soon begin offering IILP's in the community and they are looking forward to welcoming new and old students.



Equity and Inclusion

We have been making connections with The City and with services within Hackney, TH and Newham. And at a later date we intend to host a your say your day for the equity and inclusion stream and start to build a network resource list to start to engage with.

**Look out for Open Days and the NEW
Prospectus for Summer Term 2026
from July 13th!**