



East London

NHS Foundation Trust
Information Governance

Robert Dolan House
9 Alie Street
London
E1 8DE

Email elft.foi@nhs.net

Website: <https://www.elft.nhs.uk>

28th April 2026

Our reference: FOI DA6550

We are responding to your request for information received 27th March 2026. This has been treated as a request under the Freedom of Information Act 2000.

We are now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact us on the contact details above if you have any further queries.

Yours sincerely,

FOI Team

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

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We promise to work together creatively to: learn
'what matters' to everyone, achieve a better quality
of life and continuously improve our services.
We care . We respect . We are inclusive

Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request:

Question 1: How many children and young people are currently on the waiting list for a FIRST appointment at CAMHS?

Answer: There are 2,943 patients currently on the CAMHS waiting list for a first appointment

Question 2: Of the children and young people who are on the waiting list, how many are from Central Bedfordshire?

Answer: There are 635 patients currently on the CAMHS waiting list for a first appointment in Central Bedfordshire

Question 3: As of the date that you receive this request, how many weeks long is the waiting list for a FIRST appointment at CAMHS?

Answer: The average waiting time for a first CAMHS appointment (including Autism/ADHD/NDT Pathways) is 19.9 weeks.
The average waiting time for a first CAMHS appointment (excluding Autism/ADHD/NDT Pathways) is 7 weeks

Question 4: How many children and young people are currently under the care of CAMHS, not including those who are on waiting lists?

Answer: The current CAMHS caseload is 8,326 patients, excluding those who have not yet been seen.

Question 5: How many referrals to CAMHS have been refused in:
a) 2025
b) 2026 so far

Answer: CAMHS does not refuse any referrals, the following numbers were triaged and screened and they were inappropriate for CAMHS:

- Jan–Dec 2025: 46 referrals
- Jan 2026–20 Apr 2026: 12 referrals



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