



East London

NHS Foundation Trust

Information Governance

Robert Dolan House

9 Alie Street

London

E1 8DE

Email elft.foi@nhs.net

Website: <https://www.elft.nhs.uk>

7th May 2026

Our reference: FOI DA6589

We are responding to your request for information received 25th April 2026. This has been treated as a request under the Freedom of Information Act 2000.

We are now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact us on the contact details above if you have any further queries.

Yours sincerely,

FOI Team

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

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We promise to work together creatively to: learn
'what matters' to everyone, achieve a better quality
of life and continuously improve our services.
We care . We respect . We are inclusive

Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request:

This is an information request regarding sick days taken by resident (junior) doctors.

Please include the following information for the following years 2022/23, 2023/24, 2024/25, 2025/26

Question 1: Total number of sick days taken by resident doctors

Answer: 2022/23 - 1301
2023/24 - 1463
2024/25 - 1306
2025/26 - 1657

Question 2: Total number of resident doctors that took sick days

Answer: 2022/23 - 182
2023/24 - 177
2024/25 - 178
2025/26 - 170

Question 3: Total number of sick days taken by resident doctors for mental health reasons

Answer: 2022/23 – 740
2023/24 - 793
2024/25 - 666
2025/26 - 817

Question 4: Total number of resident doctors that took sick days due to mental health

Answer: 2022/23 – 13
2023/24 - 14
2024/25 - 10
2025/26 - 11



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