



East London

NHS Foundation Trust

Information Governance

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Website: <https://www.elft.nhs.uk>

7th May 2026

Our reference: FOI DA6603

We are responding to your request for information received 6th May 2026. This has been treated as a request under the Freedom of Information Act 2000.

When an organisation receives a request for information under the Freedom of Information Act, it is allowed under the Act to apply a blanket exemption to this where it has concluded that providing a response would take in excess of eighteen hours.

When the cost of compliance and extracting information would exceed eighteen hours, a cost limit of £450 can be applied. This is explained in Section 12 of the Freedom of Information Act 2000 and is based on a rate of £25 per hour, regardless of the rate of pay of any individual involved in the retrieval of requested information, and equates to eighteen hours work.

Having reviewed your request, the Trust has noted that it would not be able to provide all the information requested within the eighteen hours specified in the Freedom of Information Act 2000. However, in this instance and to assist you, we have provided a partial response to your request as per below.

In order to assist you with your request, we have advised below the timing each question would take to help you to refine your request. If you wish to refine your request to comply with the eighteen hour time limit, please do get in touch.

We are now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact us on the contact details above if you have any further queries.

Yours sincerely,

FOI Team



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Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113

Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



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Request:

Question 1: Please supply patient's information ECT leaflet.

Answer: The Trust has reviewed questions 1 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 21(1) of the FOI Act states:

(1) Information which is reasonably accessible to the applicant otherwise than under section 1 is exempt information.

The information requested is accessible here:

ECT Leaflet:

https://www.elft.nhs.uk/sites/default/files/2022-01/ect_leaflet.pdf

Question 2: Please supply patient ECT consent form.

Answer: The Trust has reviewed questions 1 and 2 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 21(1) of the FOI Act states:

(1) Information which is reasonably accessible to the applicant otherwise than under section 1 is exempt information.

The information requested is accessible here:

ECT consent form:

https://www.elft.nhs.uk/sites/default/files/2022-01/ect_consent_form.xlsx

Question 3: Please supply any ECT reports/investigations.

Answer: The Trust has reviewed question 3 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the FOI Act states:

*Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to him.*

East London NHS Foundation Trust does not record the information requested. The Trust is therefore unable to provide a response.

Question 4: How many ECT in 2025?

Question 5: What proportion of patients were men/women?

Question 6: How old were they?

Question 7: What proportion of patients were classified people of the global majority or racialised communities ("POC / BAME")?

Question 8: How many people covered by the equality act - specific protected characteristics - excluding age + gender - received ECT ?

Question 9: How many people were offered talking therapy prior to ECT?

Question 10: How many were receiving ECT for the first time?

Question 11: How many patients consented to ECT?



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Answer: Questions 4, 5, 6, 7, 8, 9,10 and 11 collectively would take approximately one hour to collate.

Question 12: How many ECT complaints were investigated outside the NHS?

Answer: This information would take approximately one hour to collate.

Question 13: How many patients died during or 1 month after ECT and what was the cause (whether or not ECT was considered the cause)?

Question 14: How many patients died within 6 months after ECT and what was the cause (whether or not ECT was considered the cause)?

Question 15: How many patients died by suicide within 6 months of receiving ECT (whether or not ECT was considered the cause)?

Question 16: How many patients have suffered complications during and after ECT and what were those complications?

Answer: The Trust has reviewed questions 13,14,15 and 16 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

In order for the Trust to provide the information requested, we would have to access patient records as the information is not held in a searchable format. We do not have a legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.

Question 17: Have there been any formal complaints from patients/relatives about ECT?

Question 18: If so, what was their concerns?

Answer: Information for questions 17 and 18 would take less than one hour to collate.

Question 19: How many patients report memory loss/loss of cognitive function?

Answer: This question would take three and a half hours to collate.

Question 20: What tests are used to assess memory loss/loss of cognitive function?

Answer: This question would take three and a half hours to collate.

Question 21: Have MRI or CT scans been used before and after ECT?

Question 22: If so, what was the conclusion?

Answer: The Trust has reviewed questions 21 and 22 for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

In order for the Trust to provide the information requested, we would have to access patient records as the information is not held in a searchable format. We do not have a legal basis to access patient records for the purposes of



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responding to a Freedom of Information request. The Trust is therefore unable to provide a response.

Question 23: How does the Trust plan to prevent ECT in the future?

Answer: The Trust has reviewed question 23 for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

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(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested and is therefore unable to provide a response.



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RESTRAINTS

Question 1: Please supply any Restraints /investigations?

Answer: The Trust has reviewed question 1 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

In order for the Trust to provide the information requested, we would have to access patient records as the information is not held in a searchable format. We do not have a legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.

Question 2: How many RESTRAINTS in 2025?

Answer: This information would take approximately one hour to collate.

Question 3: What proportion of patients were men/women?

Question 4: How old were they?

Question 5: What proportion of patients were classified people of the global majority or racialised communities ("POC / BAME")?

Answer: The Trust has reviewed questions 3, 4 and 5 for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

In order for the Trust to provide the information requested, we would have to access patient records as the information is not held in a searchable format. We do not have a legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.

Question 6: How many people covered by the equality act - specific protected characteristics - excluding age + gender - were restrained?

Answer: This information would take approximately one hour to collate.

Question 7: How many RESTRAINTS were investigated outside the NHS?

Answer: This information would take approximately one hour to collate.

Question 8: How many patients died during or 1 month after RESTRAINTS and what was the cause (whether or not RESTRAINTS was considered the cause)?

Question 9: How many patients died within 6 months after RESTRAINTS and what was the cause (whether or not RESTRAINTS was considered the cause)?

Question 10: How many patients died by suicide within 6 months of receiving RESTRAINTS (whether or not RESTRAINTS was considered the cause)?

Question 11: How many patients have suffered complications during and after RESTRAINTS and what were those complications?



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Answer: The Trust has reviewed questions 8, 9, 10 and 11 for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

In order for the Trust to provide the information requested, we would have to access patient records as the information is not held in a searchable format. We do not have a legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.

Question 12: Have there been any formal complaints from patients/relatives about RESTRAINTS?

Question 13. If so, what was their concerns?

Answer: This information would take approximately one hour to collate.

Question 14: Are counts of forced injections available? If so how many people were forcible injected?

Answer: This information would take approximately one hour to collate.

Question 15. How does the Trust plan to reduce restraints in the future?

Answer: The Trust has reviewed question 15 for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the FOI Act states:

*Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to him.*

East London NHS Foundation Trust does not record the information requested and is therefore unable to provide a response.

Question 16. How many of these restraints were face down restraints?

Answer: The Trust has reviewed question 16 for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

In order for the Trust to provide the information requested, we would have to access patient records as the information is not held in a searchable format. We do not have a legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.



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SECLUSION

Question 1. Please supply any SECLUSION reports/investigations

Answer: The Trust has reviewed question 1 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

In order for the Trust to provide the information requested, we would have to access patient records as the information is not held in a searchable format. We do not have a legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.

Question 2. How many SECLUSIONS in 2025?

Answer: This information would take approximately one hour to collate.

Question 3. What proportion of patients were men/women?

Question 4. How old were they?

Question 5. What proportion of patients were classified people of the global majority or racialised communities ("POC / BAME")?

Answer: The Trust has reviewed questions 3, 4 and 5 for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

In order for the Trust to provide the information requested, we would have to access patient records as the information is not held in a searchable format. We do not have a legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.

Question 6. How many people covered by the equality act - specific protected characteristics - excluding age + gender - were secluded?

Answer: This information would take approximately one hour to collate.

Question 7. How many SECLUSIONS were investigated outside the NHS?

Answer: This information would take approximately one hour to collate.

Question 8. How many patients died during or 1 month after SECLUSION and what was the cause (whether or not SECLUSION was considered the cause)?

Question 9. How many patients died within 6 months after SECLUSION and what was the cause (whether or not SECLUSION was considered the cause)?

Question 10. How many patients died by suicide within 6 months of receiving SECLUSION (whether or not SECLUSION was considered the cause)?

Question 11. How many patients have suffered complications during and after SECLUSION and what were those complications?



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Answer: The Trust has reviewed questions 8, 9, 10 and 11 for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

In order for the Trust to provide the information requested, we would have to access patient records as the information is not held in a searchable format. We do not have a legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.

Question 12. Have there been any formal complaints from patients/relatives about SECLUSION?

Question 13. If so, what was their concerns?

Answer: This information would take approximately one hour to collate.

Question 14. How does the Trust plan to prevent SECLUSION in the future?

Answer: The Trust has reviewed question 14 for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the FOI Act states:

*Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to him.*

East London NHS Foundation Trust does not record the information requested and is therefore unable to provide a response.



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MEDICATION ERRORS

Question 1. Please supply any MEDICATION ERRORS reports/investigations.

Answer: The Trust has reviewed question 1 for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

In order for the Trust to provide the information requested, we would have to access patient records as the information is not held in a searchable format. We do not have a legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.

Question 2. How many MEDICATION ERRORS in 2025?

Answer: This information would take approximately one hour to collate.

Question 3. What proportion of patients were men/women?

Question 4. How old were they?

Question 5. What proportion of patients were classified people of the global majority or racialised communities ("POC / BAME")?

Answer: The Trust has reviewed questions 3, 4 and 5 for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

In order for the Trust to provide the information requested, we would have to access patient records as the information is not held in a searchable format. We do not have a legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.

Question 6: How many people covered by the equality act - specific protected characteristics - excluding age + gender - endured medication errors?

Answer: This information would take approximately one hour to collate.

Question 7. How many MEDICATION ERRORS were investigated outside the NHS?

Answer: This information would take approximately one hour to collate.

Question 8. How many patients died during or 1 month after MEDICATION ERRORS and what was the cause (whether or not MEDICATION ERRORS was considered the cause)?

Question 9. How many patients died within 6 months after MEDICATION ERRORS and what was the cause (whether or not MEDICATION ERRORS was considered the cause)?

Question 10. How many patients died by suicide within 6 months of receiving MEDICATION ERRORS (whether or not MEDICATION ERRORS was considered the cause)?



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Question 11. How many patients have suffered complications during and after MEDICATION ERRORS and what were those complications?

Answer: The Trust has reviewed questions 7, 8, 9, 10 and 11 for information under the Freedom of Information Act (FOI) 2000.

Section 40 for the FOI Act states:

(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.

In order for the Trust to provide the information requested, we would have to access patient records as the information is not held in a searchable format. We do not have a legal basis to access patient records for the purposes of responding to a Freedom of Information request. The Trust is therefore unable to provide a response.

Question 12. Have there been any formal complaints from patients/relatives about MEDICATION ERRORS?

Question 13. If so, what was their concerns?

Answer: This information would take approximately one hour to collate.

Question 14. How does the Trust plan to prevent MEDICATION ERRORS in the future?

Answer: This information would take approximately an hour to collate.

If you would like to refine your request to questions which can be responded to in under eighteen hours we will be happy to respond.



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