



East London
NHS Foundation Trust
Information Governance
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18th June 2026

Our reference: FOI DA6652

We are responding to your request for information received 5^h June 2026. This has been treated as a request under the Freedom of Information Act 2000.

We are now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact us on the contact details above if you have any further queries.

Yours sincerely,

FOI Team

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



We promise to work together creatively to: learn
'what matters' to everyone, achieve a better quality
of life and continuously improve our services.
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Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request:

Question 1: The number of hospital admissions where anabolic-androgenic steroid (AAS) use, misuse, dependence, poisoning, adverse effects, complications, or abuse was recorded as:
a) the primary diagnosis; and/or
b) a secondary diagnosis.

Answer: The Trust has reviewed question 1 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust is primarily a Mental Health and Community Health Trust and as such does not admit patients for the management of anabolic-androgenic steroid (AAS) use or misuse.

Question 2: The number of inpatient deaths where anabolic-androgenic steroid use, misuse, dependence, poisoning, adverse effects, complications, or abuse was recorded anywhere within the patient's diagnostic record.

Answer: The Trust has reviewed question 2 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
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Question 3: The number of admissions involving:
a) acute liver failure;
b) chronic liver disease;
c) cirrhosis;
d) drug-induced liver injury;
where anabolic-androgenic steroid use, misuse, dependence, poisoning, adverse effects, complications, or abuse was also recorded.

Answer: The Trust has reviewed question 3 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

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(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
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Question 4: Any ICD-10 codes, SNOMED codes, or other clinical coding definitions used by the Trust to identify the cases included in response to Questions 1–3.

Answer: Not Applicable

Question 5: If available, please provide annual totals broken down by:
a) age group (under 18, 18–24, 25–34, 35–44, 45–54, 55+); and
b) sex.

Answer: Not Applicable



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