



East London
NHS Foundation Trust
Information Governance
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28th August 2026

Our reference: FOI DA6681

We are responding to your request for information received 25th June 2026. We are sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

We are now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact us on the contact details above if you have any further queries.

Yours sincerely,

FOI Team

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

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We promise to work together creatively to: learn
'what matters' to everyone, achieve a better quality
of life and continuously improve our services.
We care . We respect . We are inclusive

Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request:

Question 1: How many psychiatry doctors does your trust currently have in post who are not resident doctors or consultants (i.e. specialty doctors, locally employed doctors, staff grades, specialist doctors)

Answer: 193

Question 2: Does your Trust currently have any programme of regular support for doctors who want to achieve specialist registration via the portfolio pathway (previously known as CESR)? In particular - monthly peer group support sessions, regular supervision specifically to support portfolio pathway progression, monthly groups facilitated by supervisors

Answer: We offer portfolio pathway sessions provided by an external provider once a year around how to navigate the portfolio pathway.

We are planning to offer a supervision package for those who have started the portfolio pathway via an external provider.

We do not currently run monthly peer group support.

Question 3: Does your Trust have any CESR development posts designed to help the doctor achieve necessary requirements to submit their portfolio

Answer No.

We have discussed and agreed with medical managers around supporting doctors aiming to go via the portfolio pathway to utilise SPA and other agreed time to complete specialist interest time to complete competencies as needed.



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