



East London

NHS Foundation Trust

Information Governance

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31st July 2026

Our reference: FOI DA6700

We are responding to your request for information received 6^h July 2026. This has been treated as a request under the Freedom of Information Act 2000.

We are now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact us on the contact details above if you have any further queries.

Yours sincerely,

FOI Team

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

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'what matters' to everyone, achieve a better quality
of life and continuously improve our services.
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Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request: I am writing to request some information under the Freedom of Information act. I am requesting this information on behalf of Epilepsy Action, as we would like to understand the UK Epilepsy Specialist Nurse (ESN) workforce in order to better support the NHS to provide care to people with epilepsy.

These questions are applicable to any Trust that provides neurology or learning disability care. Please answer all questions that are relevant to your trust, and mark those that are not relevant clearly as such with a reason (e.g. 'Not applicable as we do not provide learning disability care').

For the purposes of this request, an Epilepsy Specialist Nurse is any registered nurse whose substantive role includes any one of: specialist epilepsy assessment, management, review, education, care coordination, prescribing, or advice for people with epilepsy.

Question 1: Approximate number of patients accessing epilepsy care in your Trust in the last 12 months.

Answer: 173 patients

Question 2: Total number of epilepsy specialist nurses (ESNs) employed within your Trust. Please provide headcount, FTE and number of vacant posts.
2a. The number of ESNs which primarily serve an adult epilepsy population. Please provide headcount, FTE and number of vacant posts.
2b. The number of ESNs which primarily serve a paediatric epilepsy population. Please provide headcount, FTE and number of vacant posts.
2c. The number of ESNs which primarily serve an adult learning disability epilepsy population. Please provide headcount, FTE and number of vacant posts.
2d. The number of ESNs which primarily serve a paediatric learning disability epilepsy population. Please provide headcount, FTE and number of vacant posts.

Answer: 2a) The Trust do not have a separate Learning Disability (LD) service for epilepsy
2b) One WTE, one staff member and no vacancies
2c) The Trust do not have a separate service for epilepsy
2d) The paediatric ESN above sees the LD population also

Question 3: The number of ESNs employed within your Trust operating in the following Agenda for Change bands (please provide headcount, FTE and number of vacant posts for each band):

3a. Band 4
3b. Band 5
3c. Band 6
3d. Band 7
3e. Band 8A
3f. Band 8B+

Answer: One WTE, one staff member, no vacancies and it's a band 7 post

Question 4: Do ESN staff from your Trust provide services to patients registered with other NHS Trusts? (Yes/No)

4a. If yes, please estimate the proportion of ESN FTE time spent in other Trusts.

4b. If yes, please provide the name of the Trusts that services are provided to.



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Answer: The Trust don't provide any epilepsy services and have no epilepsy nurses. Our patients with epilepsy access treatment through the neurology department. For paediatrics, the Children and Young People have a specialist paediatrician in Barts so joint working occurs. They attend four clinics a month which will be a morning or afternoon.



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