



East London

NHS Foundation Trust

Information Governance

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19th August 2026

Our reference: FOI DA6746

We are responding to your request for information received 29th July 2026. This has been treated as a request under the Freedom of Information Act 2000.

We are now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact us on the contact details above if you have any further queries.

Yours sincerely,

FOI Team

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113

Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



We promise to work together creatively to: learn
'what matters' to everyone, achieve a better quality
of life and continuously improve our services.
We care . We respect . We are inclusive

Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request:

Question 1: Is the Trust responsible for sleep apnoea diagnosis via sleep studies or other diagnostic pathways? If the Trust does not provide this pathway directly, please confirm which provider patients are referred to.

Answer: Yes

If yes, please provide data answering the following questions:

If the full range of years exceeds the cost limit, please prioritise the most recent three years (2026, 2025 and 2024) and confirm what could be provided within the limit.

Question 2: What was the average waiting time for patients for an in-hospital sleep study test in each of the following years (measured from referral/request date to test date, or other relevant timeframe determined by the Trust). For 'average', please provide both mean and median, if held:

Jan-July 2026

2025

2024

2023

2022

Answer: The Trust has reviewed question 2 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested. The Trust has not conducted sleep apnoea study tests and is therefore unable to provide a response.

Question 3: What was the average waiting time for patients for an at-home sleep study test in each of the following years (measured from the referral/request date to test date or other relevant timeframe determined by the Trust). For 'average', please provide both mean and median if held:

Jan-July 2026

2025

2024

2023

2022

Answer: The Trust has reviewed question 3 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

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East London NHS Foundation Trust does not record the information requested. The Trust has not conducted sleep apnoea study tests and is therefore unable to provide a response.

Question 4: For the following years, how many people received in-hospital sleep study tests? How many of those tests were for sleep apnoea?

Jan-July 2026

2025

2024

2023

2022

Answer: The Trust has reviewed question 4 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested. The Trust has not conducted sleep apnoea study tests and is therefore unable to provide a response.

Question 5: How many people received an at-home sleep study test for sleep apnoea in the following years?

Jan-July 2026

2025

2024

2023

2022

Answer: The Trust has reviewed question 5 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

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(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested. The Trust has not conducted sleep apnoea study tests and is therefore unable to provide a response.

Question 6: How many patients have been diagnosed with sleep apnoea in the following years?

Jan-July 2026

2025

2024

2023

2022

Answer Jan-July 2026 – Six people diagnosed with sleep apnoea
2025 – 26 people diagnosed with sleep apnoea
2024 – 41 people diagnosed with sleep apnoea
2023 – 38 people diagnosed with sleep apnoea
2022 – 37 people diagnosed with sleep apnoea



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Question 7: How many people are currently on the waiting list/referral list for a hospital sleep study and an at-home sleep study

Answer The Trust has reviewed question 7 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

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