



East London
NHS Foundation Trust



Information about the Project

Parent's Experience of receiving their Child's Autism Diagnosis

Thank you for considering taking part to help us improve parent's experiences within our service.

Taking part in this project is entirely up to you and before you decide, we would like to help you understand what it would involve for you.

A member of our team will be happy to go through this information sheet with you and answer any questions you may have. Please feel free to also talk to others about this if you would find that helpful.

Why are we doing this project?

We would like to understand parents' experiences of receiving an autism diagnosis following their child's assessment at CHAND. This will help us understand what aspects of the process were helpful and what could be improved for other families like yourself in the future.

Who can join?

You can take part in the project if you are a parent or carer and your child has received an autism diagnosis within CHAND between January to July 2026. We are looking for families who are currently not receiving support from social services.

What does taking part involve?

Taking part is completely voluntary and will not affect your child's care in any way. If you do choose to take part, you will be invited for a one-to-one interview where you can reflect on your experience of the appointment in which you received your child's autism diagnosis.

- The interviews could last for 1 to 1.15 hrs
- These can be done in person, or online depending on your preference
- A time will be arranged that is suitable for you
- Interpreters can be used where needed



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What happens with the information you share?

With your consent, the researcher will audio record the interview. This recording will be transcribed and reviewed by the researcher alongside information gathered from other parent interviews to identify common themes across different families' experiences.

All identifiable information will be kept strictly confidential and be anonymised or removed during transcription. At the end of the project, a summary of these themes will be shared with families and clinicians in the form of a report to help improve our service going forwards.

If you would like to take part or simply find out more to help you decide whether to take part, please contact:

[Redacted]

[Redacted]

Specialist Children and Young People's Services, ELFT.

Email:

[Redacted]

Thank you 😊