Research & Innovation

NHS East London NHS Foundation Trust

Research & Innovation @ ELFT

Wednesday, 2 December 2026

Preliminary Programme

#ELFTResearch

Chair – Catherine Carr		
12:30 pm	Merve Dilgil	Welcome
12:40 pm	James Harkness	Greener Care, Better Outcomes? A Systematic Review on the Effectiveness of Nature-based Interventions in Mental Health Inpatients
12:50 pm	Laura Miller & Abby Oroyinyin	ICONIC Programme - Adaptation, Co-Production and Piloting of DIALOG+ for Service Users with Learning Disability
1:00 pm	Karim Mitha	Understanding the lived experience of mental ill health amongst Muslims in Scotland
1:10 pm	Maria Long & Rose McCabe	Improving care for young people (and their carers) who attend the Emergency Department (ED) with self-harm or suicidal thoughts: findings from a multi-site RCT
1:20 pm	Robert Hunter	Service User Led Participation and Research Collaborative (SPARC)
1:30 pm	Dena Khan & Tessa Roberts	Atmiyata: A novel model of preventative community-powered mental health support at the neighbourhood level
1:40 pm	Carlos Santos	Personal QI: Using Quality Improvement to Improve Our Own Health, Wellbeing and Quality of Life
1:50 pm	Lenny Buxton	Exploring social health in Severe Mental Illness - The Social Health Cohort Study
2:00pm Break		
Chair – TBC		
2:50 pm	Ciara McAdams & Andrea Owusu-Ansah	Co-adapting the GRACE Dementia Post-diagnostic Support Intervention to Improve Inclusivity
3:00 pm	Sarah McAllister	Closing the Deprivation Gap in Missed Appointments: Learning from an Equity-Focused Quality Improvement Programme Across 16 Community Teams
3:10 pm	Kystal Warmoth	Establishing NEL-CIRCLE: A North East London Care Home Living Lab for Research, Innovation and Quality Improvement
3:20 pm	Shobi Nagraj	The ROADMAP Study: How do we address the NHS workforce Crisis? A qualitative study across 5 NHS Trusts
3:30 pm	Emma Medlicott	Barnsley Street Neighbourhood mental health centre service evaluation
3:40 pm	Speaker TBC	Title TBC
3:50 pm	Frank Rohricht	Closing Remarks / Poster Award

In collaboration with: University of Cambridge · City University of London · UCL · Queen Mary University of London