



Recruitment
Recruitment in ELFT starts today!

Website
Coming soon

Monday 4th February 2019

Gaining approvals

The project was given favourable opinion by the Yorkshire & The Humber - South Yorkshire Research Ethics Committee and HRA. Confirmation of capacity and capability was received for ELFT on 1st February 2019 so recruitment can now start in London and Bedford. The team is in the process of gaining local approval for AWP.

Trial Preparation

The team is continuing to go in to CMHT's across all 3 sites (East London, Bedford and Avon & Wiltshire) to increase awareness of the trial within services. Now that the green light for recruitment has been granted for ELFT, the team will begin regularly attending referrals meetings and outpatients clinics speaking to potential participants. The team will also continue to liaise with staff regarding the best route for referrals to the study.

Trial Management Group (TMG)

The ERA TMG had its third meeting on Monday 28th January. They met to discuss the next steps for the trial team in terms of preparing services, finalising the therapy manual and training the therapists. Upcoming meetings will take place in February and March 2019.

Trial Steering Committee (TSC) and Data Monitoring Committee (DMEC)

The initial meetings of the TSC and DMEC have now taken place. Both committees met to discuss their terms and agree on a charter. Procedures for setting up meetings as the study progresses were also agreed upon.

Therapists Training

The ERA training manual has now been finalised and the ELFT Arts Therapists attended their first training day on 31st January. Two further training days will take place in March and May.

Presentations

Staff in Luton were given an introduction to ERA at the Bedfordshire and Luton research day.



Study set-up	Recruitment for internal pilot	First round of therapy groups	Assess stop/go criteria	Recruitment for main trial	Second round of therapy groups	Analysis	Dissemination and write-up
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If there are any items you would like to see included in the newsletter please contact Helena Tee at h.tee@nhs.net