

# Job Description

CT1-3 in Ruby Triage ward...

Clinical Supervisor: Dr.Sophia Mehnaz

Locality: Newham

Main Base: Newham centre for mental health

Team / Service: Inpatient team in Ruby Triage ward

Address / Contact details:

Newham centre for mental health

Cherry tree way, Glen Road, Plaistow

E138SP

Last updated:6/7/2018



## **Introduction & Summary**

This job description is for a core training post in Ruby Triage ward at Newham centre for mental health.

The post holder will spend 6 months in this post, under the Clinical Supervision of Dr Sophia Mehnaz but also providing clinical support to Dr. Konstantinos Kripotos

The post-holder will gain experience in assessment and management of patients admitted with acute psychiatric conditions, mental health act assessments, working with multidisciplinary team etc.

Other opportunities are for supporting foundation doctors, teaching medical students and participating in teaching schedule for multidisciplinary team.

## **Brief description / profile of Clinical Supervisor**

Dr Sophia Mehnaz is a consultant psychiatrist in General adult psychiatry. She works part-time between Wednesdays to Fridays. Clinical supervision is scheduled within these days. Consultant cover between Mondays to Wednesdays is provided by Dr.Konstantinos Kripotos. The trainee will be working with both the consultants and obtaining clinical guidance

## **The team (including staffing) / service description**

The team members come from multiple disciplines with individual expertise. The team consists of: Ward manager Alice Phillips, matron Lorraine Greene, senior and junior nurses, social therapists, specialist drug and alcohol nurse, pharmacist, health care assistants, visiting psychologist for advice.

Ruby Triage Ward at the Newham Centre for Mental Health is a new and innovative service based on a modern 15 bedded unit which has been developed to increase bed capacity at the Newham Centre for Mental Health (NCfMH), and to decrease bed occupancy on the four general adult 'locality' wards which between them provide 66 acute beds. There are a further 10 beds available on PICU and the ward has easy access to its seclusion room. Ruby Triage ward opened in June 2013.

The Triage ward sets out to improve the quality of acute in-patient care throughout the Borough. The emphasis is on rapid and highly skilled assessment and the use of evidence based protocols to achieve more effective use of resources. At the core of the service is the daily ward round led by the Consultant Psychiatrist. In other NHS Trusts in London, studies have shown that up to one-third of inpatient admissions could have been managed in the community given appropriate Home Treatment Team (HTT) and family support. A study of 270 inpatients cared for at the Ladywell Unit, Lewisham, between 2009 and 2011 showed that the median length of stay for those cared for on a Triage ward was 7 days compared with 22 days for those cared for on standard acute wards.

The unit accepts all patients who would have previously been admitted to the individual locality wards. Experience on other triage wards in London suggests an average of between 2 and 3 admissions a day, with bed occupancy around 80%, and almost 50% of patients being discharged to the CMHT, GP or HTT once their assessment has been completed and a care plan drawn up. On other London triage wards, 50% of patients progress onto the locality wards. The Triage ward is playing a central role in bed management across the borough and off late has been playing a crucial role in supporting patient admissions from other boroughs under the trust.

## **Role of the Core Trainee (1-3) / Main Duties and Responsibilities**

The post holder will be responsible for the care and management of all patients who are admitted to the Triage Ward until their discharge or transfer to locality ward. This includes timely completion of physical health examinations and investigations and liaison with NUH where necessary. The post holder is expected to conduct assessments of sec 136 patients brought to the ward. Effective communication with MDT members, GPs, CMHTs, fellow trainees, consultants and the HTT is

essential. The post holder would be expected to work to achieve CQUIN requirements by ensuring key blood tests are done, NODFs are completed in a timely manner and ensure robust risk assessments.

### **Any other specific characteristics of this job**

This job gives excellent exposure to acute psychiatric presentations and raises the confidence of the trainee in their assessment and management. The MDT is competent and supportive. The trainee can learn from the experienced members of the MDT by shadowing them. There are recovery groups on the ward which the trainee can gain experience in facilitating. Scope for quality improvement work, surveys and audits.

## CT1-3 Timetable

### Typical weekly programme for CT Trainee on Ruby Triage

NB, this programme is indicative only; it may vary in the light of the trainee's learning needs and the needs of the clinical service.

	MON	TUE	WED	THUR	FRI
AM	<b>09.00-10:00</b> <b>Management Round</b>  <b>10.00-13:00</b> <b>Ward round; new cases</b>	<b>09.00-10:00</b> <b>Management Round</b>  <b>10.00-13:00</b> <b>Ward round; new cases</b>	<b>09.00-10:00</b> <b>Management Round</b>  <b>10.00-13:00</b> <b>Ward round; new cases</b>	<b>09.00-10:00</b> <b>Management Round</b>  <b>10.00-13:00</b> <b>Ward round; new cases</b>	<b>09.00-10:00</b> <b>Supervision with consultant</b>  <b>10.00- 11:00</b> <b>Management Round</b>  <b>11:00-13:00</b> <b>Ward round; new cases</b>
PM	<b>13.30-14:00</b> <b>MDT meeting</b> <b>14.00-17.00</b> <b>Follow up on jobs from ward round , admin</b>	<b>13.30-14:00</b> <b>MDT meeting</b> <b>14:00-17:00</b> <b>Follow up on jobs from ward round, admin</b>	<b>13.00-17.00</b> <b>Academic case presentation and journal club</b>  <b>1st Wednesday Trust-wide academic session at Barts</b>	<b>13.30-14:00</b> <b>MDT meeting</b> <b>14:00-17.00</b> <b>Follow up on jobs from ward round, admin</b>	<b>13.30-14:00</b> <b>MDT meeting</b> <b>14:00-17:00</b> <b>Follow up on jobs from ward round, admin</b>

## Clinical Supervisor Timetable

This is an example with special interest and non fixed sessions negotiable on commencing post.

	Monday	Tuesday	Wednesday	Thursday	Friday
AM			Ruby Triage ward	Ruby Triage ward	Ruby Triage ward
PM			Ruby Triage ward	Ruby Triage ward	Ruby Triage ward

**Chair:** Marie Gabriel

**Chief Executive:** Dr Navina Evans

