

Job Description

CT 1-3 in Liaison Psychiatry and Community Mental Health of Older Adults

Clinical Supervisor: Dr Juliette Brown and Dr Mazen Daher

Locality: Newham

Based at:

Community Mental Health of Older Adults , First Avenue Resource Centre, 103 First Avenue, London E13 8AP
Newham University Hospital, Newham Mental Health Liaison team, Newham University Hospital, Glen Road,
Plaistow, London E13 8SL

Last updated: 11 September 2020

Introduction & Summary

This job description is for a core training post in liaison and community older adult psychiatry.

The post holder will spend six months in this post, under the Clinical Supervision of Dr Juliette Brown and Dr Mazen Daher.

The post-holder will gain experience in managing psychiatric conditions in the community (older adults) and in the acute general hospital, including patients with comorbid physical and psychological health problems, dementia, delirium, post stroke psychiatric presentations, psychiatric emergencies, and conditions including bipolar affective disorder, schizophrenia, personality disorders, major depression and anxiety disorders and substance misuse.

Opportunities to become involved in teaching, audit or research are also available.

Brief description / profile of Clinical Supervisor

Dr Juliette Brown is a consultant psychiatrist with dual training in older adult and general adult psychiatry. She is a member of the Clinical Leadership Group of the NHS England Dementia Network and a former Darzi Fellow in Clinical Leadership.

Dr Mazen Daher is a consultant liaison psychiatrist in the Newham Mental Health Liaison team.

The Service

Based at First Avenue Resource Centre, our service serves the population of Newham over the age of 65 and all ages with a primary dementia diagnosis. Newham is culturally, ethnically and economically varied.

Based at Newham University Hospital, the NMHL service provides a point of entry mental health assessment team for people attending the ED or admitted to medical wards. RAID OA team sees people over 65 years.

2 full time consultants work in the Community Mental Health Team –assessment and management of people with functional psychiatric illness and people with dementia. There is a post for Diagnostic Memory Clinic consultant, currently out to advertisement. A consultant psychiatrist covers MHLT and continuing care ward Sally Sherman ward at East Ham Care Centre.

The CMHT has one full time higher trainee, one full time staff grade, in addition to 0.5 of core trainee (this post).

Current configuration is as follows:

Currently unfilled	Diagnostic Memory Service
Dr Juliette Brown	CMHT
Dr Azad Cadinouche	CMHT
Dr Atilla Yetkil	NMHL and East Ham Care Centre

Inpatient treatment is at Leadenhall (functional) at Mile End Hospital, Tower Hamlets Centre for Mental Health, staffed by teams outside of Newham, and Casaubon (dementia) ward at East Ham Care Centre, staffed by 2 core trainees and a consultant psychiatrist.

Core trainee shares an office at CMHT and NMHL. IT support is provided.

Professional relationships

As well as a named Consultant supervisor, the CMHT has a higher trainee, who will provide some support and supervision. Dr Cadinouche is the lead clinician for the service. Dr Daher and other senior doctors provide supervision while at NMHL team.

Chair: Mark Lam

Chief Executive: Dr Navina Evans

Induction

At the beginning of the placement you will take part in an induction programme. Induction will introduce you to the organisation if you have not worked at the Trust before. You will also be introduced to the workplace and informed of the requirements of the post, including the nature of your on call commitment. You also will have an educational induction with your trainer that will help you write your individual learning plan for the placement.

Clinical Supervision

A regular supervision slot is provided weekly by Dr Juliette Brown, as well as additional supervision from the higher trainee and second consultant. The trainee in this post will take part in the Newham on-call rota, where support is provided by a higher trainee and consultant on-call.

At the beginning of the post the trainer will determine the level of clinical supervision required; as a guideline, for core trainees who are new to psychiatry, it is mandatory for you to discuss all patient management decisions that you make, prior to their being enacted.

The name of the clinical supervisor and the advice given must be clearly documented in the patient's clinical record.

Educational Supervision

You will be allocated an educational supervisor who will support you over the core training years.

Duties and opportunities

The duties of the post, performance criteria and the learning opportunities available are set out following the structure of the Psychiatry Specialty Curriculum (as approved by PMETB, 2006), which in turn, is based on the headings of the GMC's Good Medical Practice.

1. Providing a good standard of practice and care

• UNDERTAKE CLINICAL ASSESSMENT OF PATIENTS WITH MENTAL HEALTH PROBLEMS

You will conduct an assessment in the community every week (very occasionally two); this will take place in the patient's own home, with a member of another discipline, usually at the same time as the other members of the team. There is an opportunity for feedback and advice from the rest of the team immediately after the visit. There will also be an opportunity to follow-up patients. During the six months you will see about 20 new out patients. Dr Brown and the team will allocate patients to your assessments, in discussion with you, at the team referral meeting.

You will undertake assessments as required in the acute hospital on the wards or in A and E depending on the need. These assessments will be supervised as appropriate to your learning.

Training in communication and interview skills as appropriate to the practice of psychiatry is available and will be tailored to the needs of the post holder.

You will maintain accurate, legible, contemporaneous and useful clinical records for all patients in whose care you are involved.

• MANAGE CHRONIC ILLNESS

There are opportunities to assess and manage people with dementia and other chronic illness.

2. Decisions about access to care

• USE THE RESULTS OF THE CLINICAL ASSESSMENT TO ENSURE EFFECTIVE PATIENT MANAGEMENT

Under the supervision of a clinical supervisor, you will prescribe pharmacological and psychosocial treatments for the patients that you are working with. You will refer them promptly to other professionals as directed by your clinical supervisors.

3. Treatment in emergencies

- **MANAGE EMERGENCIES**

During the course of your placement you will assess patients presenting to A & E with Psychiatric Emergencies, provide a liaison assessment service to the general wards at Newham Hospital and assess patients brought into the section 136 place of safety suite by the police.

4. Maintaining good medical practice

- **MAINTAIN AND USE SYSTEMS TO UPDATE KNOWLEDGE AND ITS APPLICATION TO ANY ASPECT OF YOUR PROFESSIONAL PRACTICE**

During the placement you will follow the Psychiatry Specialty Curriculum and maintain an up-to-date learning portfolio. As a minimum, this will be at the beginning, mid-term and the end of the placement.

You will participate in a journal club and a weekly case conference programme at Newham Centre for Mental Health. During the six months, you will personally work through a critically appraised topic in the journal club and will present one case at the case conference. You will register for, and will attend, the local MRCPsych course.

5. Maintaining performance

- **MONITOR AND MAINTAIN PROFESSIONAL PERFORMANCE**

You will participate fully in the workplace-based assessment programme of the Psychiatry Specialty Training Curriculum and will use the feedback that you receive from this process to inform your critical self-awareness. You will discuss every item of assessment with your trainer.

You will participate in a weekly case discussion group organized by the psychotherapy lead at the Education Centre.

You will undertake one audit project during the six months under the direction of your trainer.

6 Teaching and training, appraising and assessing

- **PLAN, DELIVER, AND EVALUATE TEACHING AND LEARNING IN A VARIETY OF ENVIRONMENTS**

You will participate in the teaching of medical students attached to the unit. This will include assisting the 'bedside' teaching of junior and senior students by helping identify and consent suitable patients for the students to see and by helping the students develop their clinical skills by giving them opportunities to present and discuss the patients they have seen. You may also have the opportunity to be involved in small group teaching and lecturing to clinical medical students under the supervision of senior colleagues.

- **ASSESS, APPRAISE AND EVALUATE LEARNING AND LEARNERS**

You will evaluate your own learning and progress, using self-assessment forms that you may retain in your learning portfolio. You will participate in the assessment of others, including clinical medical students and colleagues using multi-source feedback tools.

7. Relationships with patients

- **Conduct professional patient relationships**

You will obtain informed consent from patients for whom you provide treatment. You will observe patient confidentiality at all times. When guided by your clinical supervisors, you should share information

appropriately with colleagues. Whenever possible, and especially towards the end of the placement, you will inform your patients of the ending of your relationship with them in a timely manner.

8. Dealing with problems in professional practice

- **CONDUCT OR PERFORMANCE OF COLLEAGUES**

If you become aware of problems with the conduct or performance of a colleague, you must bring this to the attention of a senior colleague.

- **COMPLAINTS AND FORMAL INQUIRIES**

You must always cooperate fully with any complaints procedure or formal inquiry

- **PROVIDING ASSISTANCE AT INQUIRIES AND INQUESTS**

You must always cooperate fully with any formal inquiry or inquest into a patient's death.

- **INDEMNITY INSURANCE**

Early in the placement, you must discuss the provisions of the NHS indemnity insurance with your trainer.

9. Working with colleagues

- **CONTINUOUSLY PROMOTE VALUE BASED NON PREJUDICIAL PRACTICE**

You must maintain a legal, ethical and fair approach toward working with colleagues and respect diversity.

- **WORK EFFECTIVELY AS A MEMBER AND A LEADER OF MULTIDISCIPLINARY TEAM**
- **DEMONSTRATE APPROPRIATE LEADERSHIP**

During this placement you will be a full member of the MHCOP multi-disciplinary team (MDT) and will attend its weekly meeting. You will discuss your experience of the MDT in meetings with your trainer.

- **COMMUNICATE EFFECTIVELY WITH OTHER HEALTHCARE PROFESSIONALS**

You will keep clear, accurate and contemporaneous clinical records. You will send regular written reports on patients to general practitioners and other professionals involved in patient care.

- **APPROPRIATELY ASSUME, DELEGATE AND DEVOLVE RESPONSIBILITY**
- **ACCESS ADVICE, ASSISTANCE AND SECOND OPINION WHEN DELEGATING AND MAKING REFERRALS**

Your trainer and clinical supervisors will give you guidance as to the level of responsibility you should assume in individual clinical situations. If you are unsure, you must always obtain advice and assistance

10. Maintaining probity

- **ENSURE THAT REPORTS, EVIDENCE AND DOCUMENTS YOU HAVE A RESPONSIBILITY FOR ARE COMPLETE, HONEST AND ACCURATE**

Your written reports will use the standard report format and will be sent as follows: Out-patient letters within 5 days of the consultation; brief notifications within one working day. Until instructed otherwise, all reports that you write must be checked by one of your clinical supervisors before being sent out. You will not provide any other written reports about patients, unless this has been sanctioned by one of your clinical supervisors.

- **PROPERLY MANAGE FINANCIAL AND COMMERCIAL DEALINGS**

You must report receiving any gift from patients with your trainer and you must not solicit any fee or payment from a patient or third party unless your trainer has sanctioned this. You will not meet with any representatives of the pharmaceutical industry during work time.

- **AVOID CONFLICTS OF INTEREST AND ADVISE OTHERS ON PREVENTING AND DEALING WITH CONFLICTS OF INTEREST**

Inform your trainer of any real or potential conflict of interest you may have.

11. Health

- **ENSURE THAT YOUR HEALTH AND THE HEALTH OF OTHERS DOES NOT PUT PATIENTS AT RISK**

You must always obtain advice and treatment for mental and physical health problems and must ensure that your health does not put patients at risk. You must comply with the Trust's occupational health policy.

Typical weekly programme

NB, this programme is indicative only, it may vary in the light of the trainee's learning needs and the needs of the clinical service.

Trainee Timetable	Monday	Tuesday	Wednesday	Thursday	Friday
0900 - 1300	CMHT	CMHT MDT Supervision	NMHL	CMHT	NMHL
14:00 – 17:00	NMHL	MRC Psych	CPD	CMHT	NMHL