

Job Description

CT1-3 in the Psychiatry of Intellectual Disability

Clinical Supervisor: Dr Deirdre O'Brady

Locality: Newham

Main Base: 29 Romford Road E15 4LY

Team / Service: Community Health Team for People
with Learning Disabilities

Address / Contact details: d.o'brady@nhs.net

02017 059 6600

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Introduction & Summary

This job description is for a core training post in the Psychiatry of Intellectual Disability working within a Community Health Team.

The post holder will spend 6 months in this post, under the Clinical Supervision of Dr Deirdre O'Brady

The post-holder will gain experience in the assessment diagnosis and management of mental and behavioural disorders arising in people with Intellectual Disability and Autism. This will usually be in a multidisciplinary context.

Where relevant to the Core Trainee learning opportunities will be informed by the competency based curriculum for specialty doctors training in the Psychiatry of intellectual Disability (Royal College of Psychiatrists 2010 updated 2012). Progress in acquiring competencies will be assessed in clinical supervision and through WPBAs.

They will maintain contact with their peers at the local Wednesday afternoon academic session and at the Barts Academic afternoon monthly.

Other opportunities are for teaching medical students, social workers or members of the multidisciplinary team and for involvement in Audit and QI projects

Brief description / profile of Clinical Supervisor

Dr O'Brady is the current postholder, has a special interest in Autism Spectrum conditions (across the Intellectual Spectrum and is also an Educational Supervisor.

The team (including staffing) / service description

The team members come from multiple disciplines with individual expertise. The team consists of: a Service Manager, Clinical psychologists, a Positive Behavioural Support specialist, Speech and Language therapists, Community LD nurses, Occupational Therapists, an Art Therapist and Physiotherapists. It is not integrated with the local authority but partnership arrangements are in place and under ongoing development.

There is a dedicated secretary (0.8WTE) to support psychiatry and an ST4-6 doctor from the North London Psychiatry of ID rotation.

The trainee is based in a shared office beside the higher trainee, the medical secretary, the referrals officer and the team Service Manager.

The team is currently commissioned to provide highly specialised advice and interventions to people with Moderately Severe Intellectual Disability who have complexities that prevent their access to mainstream health services.

Role of the Core Trainee (1-3) / Main Duties and Responsibilities

The post-holder will provide a clinical psychiatric service, including assessment of new patients (2-4 each month) and carry a caseload of approximately 40 people.

New assessments will be carried out with another team member and will be discussed with the clinical supervisor or with the higher trainee doctor.

People are seen at the team base, on home visits or at day services. From time to time urgent assessments of people in crisis will be required.

The Core Trainee will provide psychiatric care to people on the case load and as many have chronic medical conditions (eg epilepsy) will liaise with GPs or with secondary care specialists as required where issues arise in relation to medical care.

There are no inpatient duties attached to this post but patients who require admission to the Newham Centre for Mental Health will be supported by psychiatry within the team including the core trainee.

There are two inpatient wards for Forensic Intellectual Disability at the John Howard centre and attendance at CPA meetings for patients known to this team occurs from time to time.

The post holder will acquire knowledge of assessment and multidisciplinary interventions for people who are non verbal communicators and who have severe problem behaviours not due to mental illness.

Any other specific characteristics of this job

The trainee will attend the monthly Academic meetings in ID Psychiatry which includes lectures, presentations of cases, of Quality Improvement projects and of journal papers. These events are attended by consultants and trainees from across the North London rotation.

Trainees will be encouraged to attend events organised by the ID faculty or the London School of Psychiatry.

CT1-3 Timetable

This is an example with special interest and non fixed sessions negotiable on commencing post.

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Clinical work/ Monthly ID psychiatry academic meetings (all day on 2 nd Monday)	Consultant Supervision 11.30- 12.30 am	Clinical work	Clinical work	
PM		Complex case discussion, Team referral and triage meeting	Academic teaching NCFMH	MRCPsych Course	Clinical work/Psychoth erapy patient/psycho therapy supervision

Clinical Supervisor Timetable

This is an example with special interest and non fixed sessions negotiable on commencing post.

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Monthly ID Academic Day/Clinical Work	10.00-11.00 ST4-6 Supervision 11.30-12.30 CT 1-3 Supervision	Challenging Behaviour Case Discussions 9.30- 11.30	Clinical Governance or Team Meeting 9.30-11.30	
PM	As above	Referral triage meeting 1-3pm	Monthly Academic Afternoon Bart's Hospital	Clinical	Clinical/Audit/ QI