Thursday 7th March 2019

Recruitment

London: 5/60

Bedford: 1/60

Avon & Wiltshire: Due to start March

Website

Coming soon

180
160
140
120
100
80
60
40
20

Recruitment

We have recruited our first participant! A big thank you to all the teams who are supporting recruitment—we are excited to be working with you!

Both London and Bedford are now actively recruiting. Researchers at both sites are regularly attending clinics to meet potential participants and team meetings to collect referrals. They are also screening caseloads and approaching potential participants by phone and post. The first participant was recruited within the 30-day target window set by HRA.

Gaining approvals

The team at Avon & Wiltshire are awaiting local approval in order to start recruiting. They are expecting to receive the green light this month.

Venues

A venue has been identified for the therapy groups in two of the sites; 'The Place' in Bedford and 'MIND: Tower Hamlets' in London. The team at Avon & Wiltshire have begun identifying potential sites.

Trial Management Group (TMG)

The ERA TMG had its fourth meeting on Friday 22nd February. They met to discuss possible strategies for maximising recruitment and to agree the actions required by the clinical trials unit (PCTU). Upcoming meetings will take place in March and April 2019.

Researchers Training

The research teams in Bedford and Avon & Wiltshire have now been trained in study procedures including recruitment methods, logging accruals, secure data storage and adverse event reporting.

Therapists Training

The next therapist training day is scheduled for 14th March in London and will focus on role plays and peer observation.

Presentations

ERA was presented at the Arts and Psychotherapies event in Liverpool by Catherine Carr.

YOU ARE HERE

ERA Therapist Training - Day 1

Study set-up	Recruitment for internal pilot	First round of therapy groups	Assess stop/go criteria	Recruitment for main trial	Second round of therapy groups	Analysis	Dissemination and write-up

If there are any items you would like to see included in the newsletter please contact Helena Tee at **h.tee@nhs.net**