

Job Description

CT1-3 in **General Adult Psychiatry**

Clinical Supervisor: Dr Sarah Dracass

Locality: Tower Hamlets

Main Base: Tower Hamlets Centre for Mental Health

Team / Service: **Tower Hamlets Early Intervention Service (THEIS)**

Address / Contact details:

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Introduction & Summary

This job description is for a core training post in General Adult Psychiatrist, working for the Tower Hamlets Early Intervention service. The post holder is based on Lea and Roman Wards at Tower Hamlets Centre for Mental Health, Mile End Hospital covering inpatients for Dr Jen Ahrens & Dr Sarah Dracass (Consultant job share). There is an average of 6-8 inpatients at any one time. There is cross cover with another junior doctor (GPVTS doctor for Dr Kausar) on the ward for annual and study leave and nights.

There is the opportunity to gain some community experience at the THEIS base. The core trainee has one community clinic a week (supervised by consultant and specialty doctor of the team) where they will see newly discharged from the ward patients and follow up patients and there is administrative support for clinic letters and discharge summaries.

The post holder is also expected to take part in the on-call evening and night rota as well as the daytime on-call rota, with a fixed session 9-12,30pm on Wednesdays as duty doctor for THCMH.

The post holder will spend six months in this post, under the Clinical Supervision of Dr Sarah Dracass and providing clinical support to Dr Jen Ahrens.

The post-holder will gain experience in assessment and review of patients with psychosis and presentations that are similar, treatment of psychosis under supervision, MDT team working in inpatient and community services and recovery focused management of serious mental illness.

There are opportunities are teaching medical students, Quality improvement projects and clinical governance processes such as audit.

Brief description / profile of Clinical Supervisor

Dr Sarah Dracass shares consultant responsibility for the service with Dr Jen Ahrens. Dr Dracass also has a role as the Clinical Director for adult mental health services in Tower Hamlets and has an interest in medical management.

The team (including staffing) / service description

The team members come from multiple disciplines with individual expertise. The team consists of: The team consists of two Consultant Psychiatrists, two Specialty Dr, a Core Trainee and one session of an FY1 doctor. You will work with the ward teams and the THEIS multidisciplinary team including the ward manager, nursing staff, therapists, care coordinators and other professionals.

Role of the Core Trainee (1-3) / Main Duties and Responsibilities

The post-holder will provide a clinical psychiatric service, including one community clinic per week; this will take place at the same time as Dr Dracass/Dr Ahrens's clinic. You will see a newly discharged patient and follow up patients usually with their care coordinator. You will be responsible for booking patients in to your clinic after discussion with Dr Dracass/Dr Ahrens (or the specialty doctor acting on their behalf). You will need to invite the care coordinator, who will help to arrange for the patients to attend. You will ensure clinic letters are sent to the appropriate professionals (e.g. GP) after community encounters with patients.

When based at the inpatient ward, you will ensure that all new patients admitted under your team's care are fully assessed, including an assessment of their physical state, so that a preliminary formulation of their problems is made, at the latest within two working days of their admission. All inpatients should be reassessed as necessary and no less frequently than once per week, so that an update is made before each main ward round.

Training in communication and interview skills as appropriate to the practice of psychiatry is available and will be tailored to the needs of the post holder.

You will maintain accurate, legible, contemporaneous and useful clinical records for all patients in whose care you are involved.

CT1-3 Timetable

Trainees Timetable					
	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Ward work	Ward work	Ward Round	Ward work	Supervision Management round
PM	Ward work	MRCPsych course	Academic afternoon	Community Clinic	Ward work Duty

Clinical Supervisor Timetable

Consultant Timetable					
	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Team meetings	Community clinic CPAs	Ward Round	Team meeting Specialty Dr supervision	CT Supervision Management round
PM	Community clinic	Community clinic	Academic afternoon/CPD	Community clinic	Admin/emergency