



**Recruitment**  
*London: 17/60*  
*Bedford: 7/60*  
*Avon & Wiltshire: Opening soon*

**Website**  
*Coming soon*

**Tuesday 9th April 2019**

**Recruitment**

Recruitment in London and Bedford is underway! The London site hit their recruitment target for March and the team in Bedford are making good use of their links with local PPI groups to generate interest.

Researchers are working with teams to recruit participants who would be interested in receiving a group-based therapy – **everyone** who takes part in ERA be offered a group arts therapy or a group talking therapy.

The study team are regularly attending clinics, screening caseloads and contacting potential participants. They are present in CMHTs across the trust and are on hand to answer questions or take referrals.

**Gaining approvals**

The team at Avon & Wiltshire are awaiting approval from their local R&D in order to be able to open to recruitment. Researchers in AWP are in place and are regularly visiting clinical teams to prepare for the start of recruitment.

**Venues**

Venues have been confirmed in two sites. Groups in London will take place at MIND: Tower Hamlets and Old Montague Street while in Bedford they will take place in The Place Theatre and The Wellbeing Centre.

**Trial Management Group (TMG)**

The ERA TMG had its fifth meeting on 22nd March. They met to discuss ways of supporting the researchers with recruitment, the overall study timeline, and trial procedures such as database building. It was agreed that the therapy groups will likely start in July 2019.

**Group counsellor Opportunity - The closing date is Sunday 14th April – so please share widely!**

We are currently advertising for group counsellors to run groups in London and Bedford. Details on how to apply can be found here: <https://www.jobs.nhs.uk/showvac/1/2/915507894>

For informal enquiries contact Catherine Carr: [c.e.carr@qmul.ac.uk](mailto:c.e.carr@qmul.ac.uk) or Stephen Sandford: [Stephen.Sandford@nhs.net](mailto:Stephen.Sandford@nhs.net).

**Therapists Training** - Training for the therapists has now started at all sites.



Study set-up	Recruitment for internal pilot	First round of therapy groups	Assess stop/go criteria	Recruitment for main trial	Second round of therapy groups	Analysis	Dissemination and write-up
--------------	--------------------------------	-------------------------------	-------------------------	----------------------------	--------------------------------	----------	----------------------------

If there are any items you would like to see included in the newsletter please contact Helena Tee at [h.tee@nhs.net](mailto:h.tee@nhs.net)