

Job Description

CT2-3 in Psychiatry of Intellectual Disability

Clinical Supervisor: Dr Nicole Eady

Locality: Tower Hamlets

Main Base: Mile End Hospital

Team / Service: Community Learning Disability Service

Address / Contact details:

Community Learning Disability Service

Beaumont House

Mile End Hospital

Bancroft Road

London E1 4DG

020 7771 5500

Nicole.eady2@nhs.net

Last updated: 22/09/2020

Introduction & Summary

This job description is for a core training post in Psychiatry of Intellectual Disability working at the Tower Hamlets Community Learning Disability Service.

The post holder will spend six months in this post, under the Clinical Supervision of Dr Ian Hall

The post-holder will gain experience in the assessment and treatment of mental illness in people with learning disability. The experience is mostly community based, and there is some liaison with inpatient services. A very wide variety of mental health problems are seen, including developmental disorders such as autism and ADHD. Interventions for mental health are holistic, and as well as medication we use social support, communication interventions and a wide range of psychological interventions.

There are other opportunities for quality improvement work, teaching and training, supervision of FY1 doctor, and involvement in research or writing academic articles.

Brief description / profile of Clinical Supervisor

Dr Nicole Eady is Consultant Psychiatrist and Clinical Lead for people with intellectual disability in Tower Hamlets, at East London NHS Foundation Trust and has worked for ELFT since 2020. In addition to her clinical role Dr Eady is the Training Programme director for the ST4-6 rotation in Intellectual disability psychiatry. She has a longstanding interest in medical education and is currently the deputy chair of MRCPSych standard setting committee.

The team (including staffing) / service description

In addition to this CT2-3 post, there is a Consultant Psychiatrist (Dr Ian Hall) a full time ST 4-6 Specialty Registrar and a full time Foundation Doctor attached to the team. The full staffing is given below

Discipline	Band/grade	Number	Whole-time equivalent
Includes temporary project staff for PBS project and Supporting Independence project			
Nursing	8a	1	1
	7	2	2
	6	2	2
	5	2	2
Occupational Therapy	8a	1	0.7
	7	1	0.85
	6	2	2
	5	1	1
Physiotherapy	8a	1	0.8
	7	1	1
	5	1	0.6
	4	1	0.6
Social Worker	Social worker	18	18
Senior Practitioner social worker	Senior practitioner	5	4.6

Chair: Marie Gabriel

Chief Executive: Dr Navina Evans

Clinical Psychology	8c	1	0.8
	8a	1	1
	7	1	1
	Trainee psychologist	2	1.2
	Assistant Psychologist	2	1.2
Psychiatry	Consultant	1	1
	ST 4-6	1	1
	CT 2/3	1	1
	Foundation Doctor	1	1
Speech and Language therapy	8a	1	0.8
	6	1	1
Team Manager	8b/Team Manager	4	4
Service Manager	8c	1	1
Administration	5	1	1
	4	2	1.6
	3	1	1
	Business support	3	2

The service is an integrated team provided by East London NHS Foundation Trust and the London Borough of Tower Hamlets, and has three subteams organised around the needs of the people we serve, that is Mental Health and Behavioural Support, Community Health and Well Being, and Transition. We always provide a detailed individualised multidisciplinary assessment, and then devise person centred programs of intervention, which include both social care, specialist health interventions, and very often involvement of other agencies, for example for employment support or welfare rights advice.

Role of the Core Trainee (1-3) / Main Duties and Responsibilities

The core trainee will work under the supervision of the consultant within the Tower Hamlets Community Learning Disability Service.

Core clinical work

- 1 Be involved in the assessment and treatment of mental disorder and behavioural problems in people with learning disability in the community in Tower Hamlets. This will often be in conjunction with multidisciplinary colleagues and will involve seeing people at home and in a variety of community settings
- 2 Be involved in liaison work with patients of the service admitted to inpatient settings
- 3 Participate in regular team business and clinical meetings.
- 4 Under consultant supervision, manage an outpatient caseload.
- 5 Play an active part within clinical governance/quality improvement activities locally.
- 6 Provide appropriate cross-cover for colleagues.
- 7 Participate in the CT out of hours duty rota for Tower Hamlets Psychiatry.

Academic activities

- 1 Participate in regular academic meetings within the learning disability service and in the wider mental health service. This includes weekly case presentations at Tower Hamlets Centre for

Mental Health, monthly trust wide academic meetings at St Bartholomew's, and in the learning disability service both local and regional monthly academic meetings.

- 2 Local teaching program including Case presentation and Journal club
- 3 MRCPsych course
- 4 Participate in teaching medical students attached to the service.
- 5 Opportunities for project work/article writing are likely to be available

Supervision

- 1 The CT is expected to attend weekly hourly clinical supervision with the Consultant.

Typical Learning Objectives

- 1 Working in the community safely and effectively with multidisciplinary colleagues
- 2 Working with families and other systems
- 3 Develop communication skills including non-verbal ones
- 4 Awareness of a social model for disability
- 5 Assessment and treatment of mental illness and behavioural problems in people with a learning disability
- 6 Assessment of capacity and making best interests decisions
- 7 Impact of Epilepsy on the management of mental illness and behavioural problems in people with a learning disability
- 8 Aetiology of learning disability and the management of specific behavioural phenotypes
- 9 Experience of psychological approaches to treatment
- 10 Appropriate indications for inpatient treatment for people with learning disability and inpatient management approaches

CT1-3 Timetable

This is an example. Actual timetable to meet training needs to be agreed on commencing post.

Monday	Tuesday	Wednesday	Thursday	Friday
New assessments/ Monthly regional CPD program (Kingswood Centre/Barts, all day)	Quality Improvement and project work CT supervision (1 hour)	New assessments	Team meetings	Liaison with inpatient services/Clinical admin
		THCMH case presentation		
Clinical Admin	Clinic	Local teaching Trust academic afternoon (monthly)	MRCPsych course	Home Visits

Clinical Supervisor Timetable

Monday	Tuesday	Wednesday	Thursday	Friday
Medical staff management Monthly regional CPD program (Kingswood Centre/Barts, all day)	Management/ Quality improvement CT supervision (1 hour)	Single point of access meeting Clinical admin	Team meetings FY1 Supervision (1 hour)	Clinical Admin/Consultation/Review meetings
		THCMH case presentation		
ST4-6 supervision (1 hour) Liaison with mainstream services	Clinic	Home Visits Trust academic afternoon (monthly)	New assessments	Research/Teaching