



Monday 13th May 2019

**Recruitment**

London: 26/60  
Bedford: 18/60  
Bath: Now open!!

Website - Coming soon

Twitter - @study\_era



**We are open to recruitment in Avon & Wiltshire!**

Approvals have now been granted to begin recruiting in AWP. The ERA research team will be attending CMHTs across Bath and North East Somerset to work with local teams and recruit participants.

Researchers will be looking to speak to anyone who would be interested in receiving a group-based therapy - **everyone** who is eligible to take part will be offered a group arts therapy or a group talking therapy.

**Recruitment in London and Bedford**

ERA is still open to recruitment in London and Bedford - the research teams are still accepting referrals, screening caseloads and regularly attending clinics.

If you have anyone you would like to refer to ERA or would like us to visit one of your team meetings to give some more information please get in touch!

**Trial Management Group (TMG)**

The ERA TMG had its sixth meeting on 29th April. They met to discuss ways of spreading the word about ERA to teams throughout the trust in order to facilitate recruitment. They also discussed the outcome of the therapists training including co-working and ways of sharing good practice.

**Therapists Training**

The ERA therapists have now completed their training and will be meeting over the coming months to consolidate practice at their local sites.

**Lived Experience Advisory Panel (LEAP)**

The next meeting of our LEAP will take place on Tuesday 4th June.



Therapists & co-applicants at the ERA training day

Study set-up	Recruitment for internal pilot	First round of therapy groups	Assess stop/go criteria	Recruitment for main trial	Second round of therapy groups	Analysis	Dissemination and write-up
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If there are any items you would like to see included in the newsletter please contact Helena Tee at [h.tee@nhs.net](mailto:h.tee@nhs.net)