

Job Description

CT1-3 in General Adult Inpatient Psychiatry

Clinical Supervisor: Dr Cohen

Locality: City & Hackney Centre for Mental Health

Main Base: Gardner ward

Team / Service: Gardner ward

Address / Contact details: Gardner ward, City & Hackney
Centre for Mental Health, Homerton Row, London, E9
6SR

Last updated: September 2020

Introduction & Summary

This job description is for a core training post in general adult inpatients, working on Gardner ward, a female inpatient general adult psychiatry ward, at City & Hackney.

The post holder will spend 6 months in this post, under the Clinical Supervision of Dr Cohen.

The post-holder will gain experience in general inpatients but also specifically, female inpatient care. They will learn and develop skills in mental state examinations, clerking patients, the physical health of patients with severe acute and chronic mental illness, risk assessment, developing management and discharge plans, working within an MDT, report writing, liaising with other professionals within mental health services as well as outside organisations.

Other opportunities are for teaching and training medical students and supporting the FY1 and FY2 trainees.

Brief description / profile of Clinical Supervisor

Dr Cohen has been a consultant since 2012 and has worked on Gardner ward since 2013. She is dedicated to MDT working and ensuring patients get the best care in the right place. She is also the Associate Clinical Director for Inpatient services at City & Hackney Centre for Mental Health so has a good overview of the whole service. She is keen for trainees to enjoy their post through hard work, learning lots and being embedded in a fun and dynamic inpatient team.

The team (including staffing) / service description

The team members come from multiple disciplines with individual expertise. The team consists of: Consultant, Higher trainee, Core trainee, Foundation Year 2, Matron, Ward Manager, Nursing staff, Life Skills recovery workers, OTs, Pharmacist, Psychologist, Art therapist, Dance therapist.

Role of the Core Trainee (1-3) / Main Duties and Responsibilities

The post-holder will provide a clinical psychiatric service, including clerking and assessing new patients, managing physical and mental health conditions, ordering appropriate physical investigations, attending and participating in management and ward rounds.

The Core Trainee will provide medical care to inpatients on the 20 bedded ward.

CT1-3 Timetable

This is an example with special interest and non fixed sessions negotiable on commencing post.

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Management Round	Ward Round/Ward work	Ward Round/Ward work	Ward Round/Ward work	Ward Round/Ward work
PM	Ward Work	MRCPsych teaching	Academic afternoon	Ward work Supervision with Clinical Supervisor	Ward work

Clinical Supervisor Timetable

This is an example with special interest and non fixed sessions negotiable on commencing post.

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Management Round	Ward round/DMT meetings	Ward round	Ward round	Patient reviews Supervision ST
PM	Bed management meeting	Ward work/Clinical meetings	Academic afternoon	Ward work/Clinical meetings Supervision CT	Ward work/Clinical meetings

Timetable **must** include a slot for clinical supervision for both trainee and trainer