

Job Description

CT1-3 in Perinatal Psychiatry

Clinical Supervisor: Dr Olivia Protti

Locality: City and Hackney

Main Base: Homerton Hospital

Team / Service:

East London Mother and Baby Unit

Address / Contact details:

City and Hackney Centre for Mental Health

Homerton Row

Hackney

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Introduction & Summary

This job description is for a core training post in Perinatal Psychiatry working on the Mother and Baby unit(MBU) at City and Hackney Centre for Mental Health.

The post holder will spend 6 months in this post, under the Clinical Supervision of Dr Olivia Protti.

The post-holder will gain experience in the inpatient management of perinatal mental illness for women and their babies from 32 weeks pregnancy until 1 year postnatally. The post will provide specific experience in gaining insight into the impact of maternal mental illness on the parent infant relationship and how difficulties can impact on care giving. There is the opportunity to work with partners and family members.

There is an opportunity to offer teaching to medical students and visitors to the unit from many professional disciplines. There is also the possibility to join existing research and quality improvement projects taking place on the unit.

Brief description / profile of Clinical Supervisor

I have been the Consultant on the MBU since 2014. Prior to this I worked as the Consultant in a Community Perinatal Mental Health Team and CMHT. I have trained in both Obstetrics and Gynaecology and Psychiatry and hold joint memberships of both Royal Colleges. She has previously been a member of the Perinatal Faculty and Women's Special Interest group in the Royal College of Psychiatrists. I have also been involved in local and regional service developments in perinatal psychiatry I am currently a member of the Clinical Reference Group in NHS England that commissions MBU's. I have been appointed the local Postgraduate Lead for Education (College Tutor) for Hackney trainees.

The team (including staffing) / service description

The team members come from multiple disciplines with individual expertise both in caring for mothers and their babies. The team consists of psychiatric nurses, nursery nurses, specialist OT's, Psychologists, a Parent Infant Therapist, a Social Worker, a Specialist Pharmacist, Administrative and Life skills Recovery Workers. There is a specialist midwife, Obstetrician, Paediatrician from Homerton University Hospital who provide additional support to the unit and visiting GP and Health Visitors.

Role of the Core Trainee (1-3) / Main Duties and Responsibilities

The post-holder will provide support to management rounds that include all members of the MDT, weekly ward rounds. The trainee will prepare discharge summaries and transfer letters. The post will require assessing pregnant women and those in the postnatal period and working closely with the clinical pharmacist.

The Core Trainee will provide medical care to mothers on the unit but will not be requirement to provide care to babies as this is provided by the nursery nurses supported by the visiting Paediatrician and on-site services.

Any other specific characteristics of this job

The job will provide experience in working with Children's Social Care, Health Visitors and other professionals. The post will give the trainee greater insight into the treatment of women in the perinatal period as well as prescribing practices in this specialist area. The trainee will gain confidence in risk management in the perinatal period but will have the support of a higher trainee and consultant on the unit.

CT1-3 Timetable

This is an example with special interest and non fixed sessions negotiable on commencing post.

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----|---|------------|-------------------------------------|---------------------------------|-----------------------|
| AM | Management Round | Ward Round | Formulation and Staff Support Group | Ward Reviews and Clinical Admin | Mini Mangagment Round |
| PM | Ward reviews with Consultant/ Supervision | Ward Round | CPD | Local training | Clinical Admin |

Clinical Supervisor Timetable

Olivia Protti (0.9 WTE)

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----|------------------------------------|------------|--------------------------------|--|-----------------------------|
| AM | Management Round | Ward Round | Clinical and Business Meetings | Ward Round | Off RC Cover Dr Ibrahimi |
| PM | Ward reviews/ Clinical Superivsion | Ward Round | CPD | Admin and family meetings or attendance at CT training | Off RC Cover Dr Ibrahimi |

Timetable **must** include a slot for clinical supervision for both trainee and trainer

Chair: Marie Gabriel

Chief Executive: Dr Navina Evans